



2025

TrailLink Unlimited 

Guides



**Trillium Trail
(Sandy Bottom
Nature Park)**
Virginia



Trillium Trail (Sandy Bottom Nature Park)

Virginia

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Sandy Bottom Nature Park is a 456-acre recreational oasis in Hampton, bordered on the northeast side by Interstate 64 and surrounded by busy residential, shopping and entertainment areas. Before it became a protected city park, the land was even used as a garbage dump. Now, it offers a beautiful wildlife area and nature center.

Several miles of trail crisscross the park, including its longest, the Trillium Trail, which stretches for just over 3 miles, offering views of woodlands and the park's two lakes.



TrailLink
by Rails-to-Trails Conservancy

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Trillium Trail (Sandy Bottom Nature Park)

Virginia

States: Virginia

Counties: Hampton

Length: 3.3miles

Trail end points: Hampton Roads Center
Parkway to Big Bethel Road

Trail surfaces: Crushed Stone,Dirt,Gravel

Trail category: Greenway/Non-RT

Trail activities: Bike,Fishing,Horseback
Riding,Walking

Parking & Trail Access

Parking can be found in Sandy Bottom Nature Park (1255 Big Bethel Road). From I-64, take exit 261A to Big Bethel Road. Cross the road, and the park entrance will be on your right (west side).



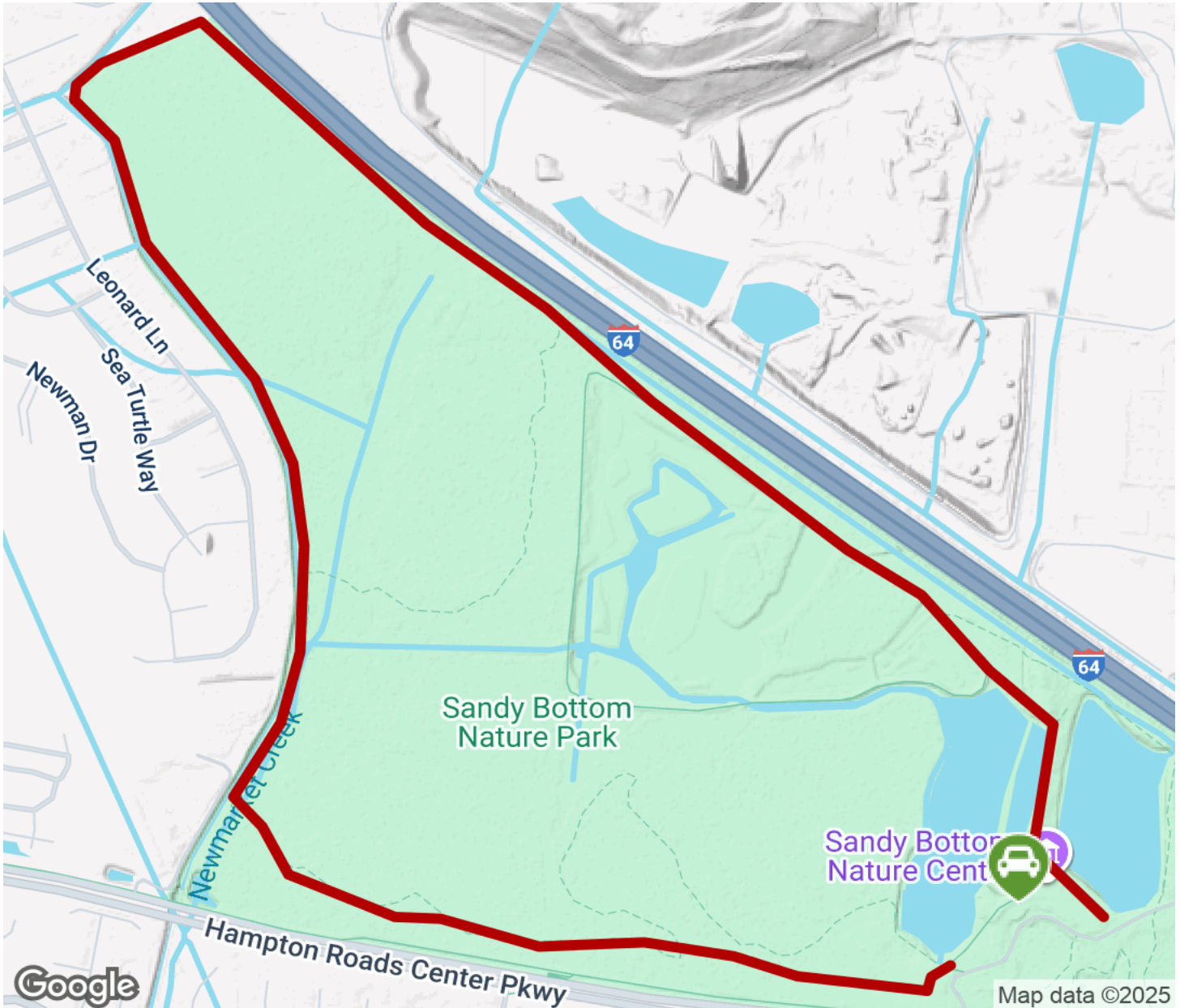
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Trillium Trail (Sandy Bottom Nature Park)

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



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