



2026

TrailLink Unlimited 

Guides



## Trillium Trail (Sandy Bottom Nature Park)

*Virginia*



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Sandy Bottom Nature Park is a 456-acre recreational oasis in Hampton, bordered on the northeast side by Interstate 64 and surrounded by busy residential, shopping and entertainment areas. Before it became a protected city park, the land was even used as a garbage dump. Now, it offers a beautiful wildlife area and nature center.

Several miles of trail crisscross the park, including its longest, the Trillium Trail, which stretches for just over 3 miles, offering views of woodlands and the park's two lakes.



# Trillium Trail (Sandy Bottom Nature Park)

Virginia

**States:** Virginia

**Counties:** Hampton

Length: 3.3miles

**Trail end points:** Hampton Roads Center  
Parkway to Big Bethel Road

**Trail surfaces:** Crushed Stone,Dirt,Gravel

**Trail category:** Greenway/Non-RT

**Trail activities:** Bike,Fishing,Horseback  
Riding,Walking

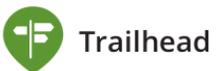
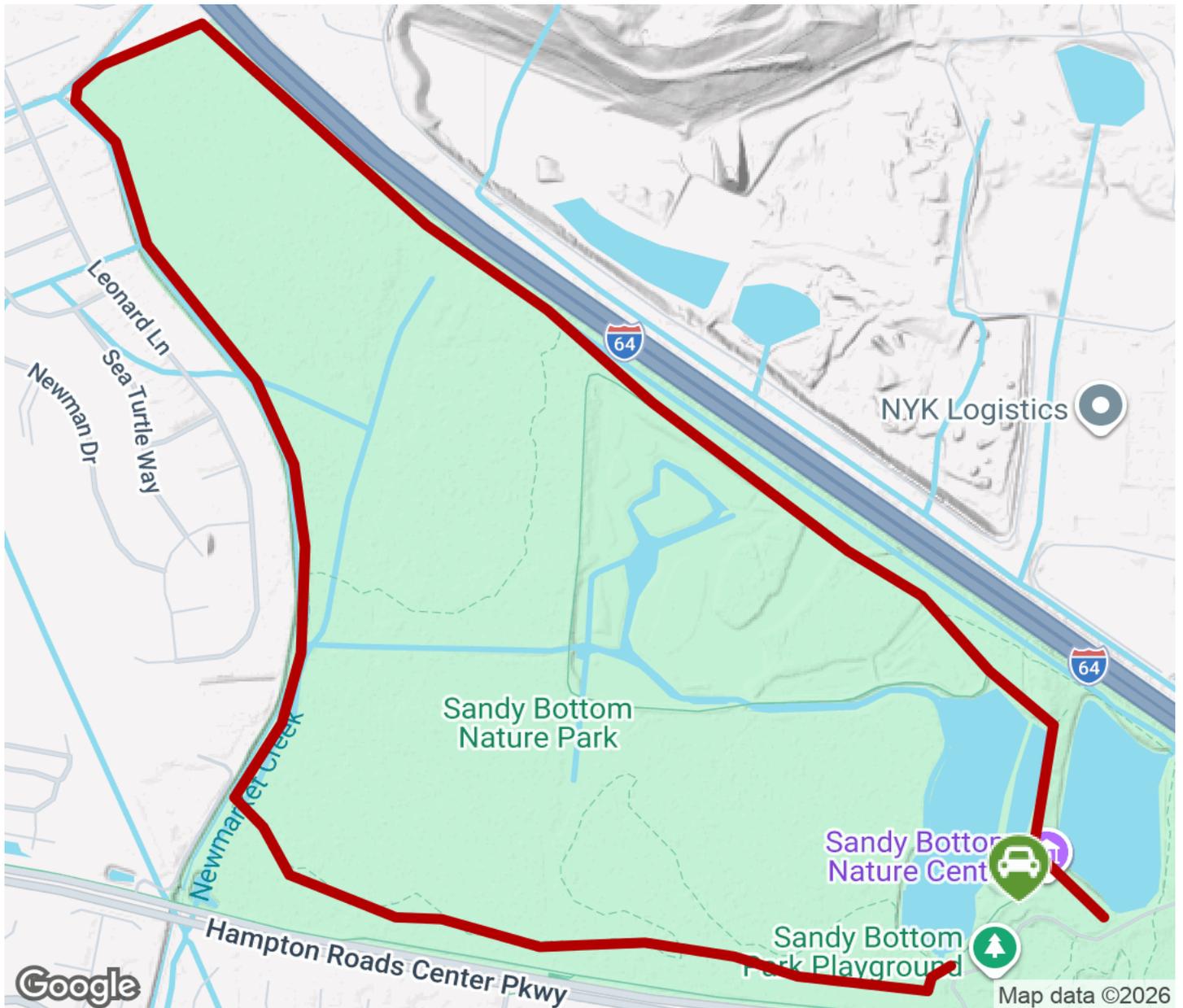
## Parking & Trail Access

Parking can be found in Sandy Bottom Nature Park (1255 Big Bethel Road). From I-64, take exit 261A to Big Bethel Road. Cross the road, and the park entrance will be on your right (west side).



# Trillium Trail (Sandy Bottom Nature Park)

Virginia



Trailhead



Restroom



Parking



Water Fountain



Tunnel



**TrailLink**  
by Rails-to-Trails Conservancy

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