



2025

TrailLink Unlimited 

Guides



**Cheshiahud  
Lake Union  
Loop**  
*Washington*



## Cheshiahud Lake Union Loop

Washington

*Seattle's Cheshiahud Lake Union Loop offers scenic views of Lake Union, as well as access to parks, neighborhoods, and downtown*



Seattle's Cheshiahud Lake Union Loop offers scenic views of Lake Union, as well as access to parks, neighborhoods, and downtown shops and restaurants. A good place to begin your journey is at Lake Union Park at the lake's southern tip. The park offers picnic areas, a boat launch, and views of several historic ships. From the park, you can head northwest on an off-road trail that follows the western shore of the lake.

At the northwestern corner of the lake, cross the Fremont Bridge to connect to the [Burke-Gilman Trail](#), a member of RTC's [Rail-Trail Hall of Fame](#), which will take you across the northern end of the lake. You can complete the 6-mile loop around the lake by crossing University Bridge and traveling south on-road along Fairview Avenue.



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**States:** Washington

**Counties:** King

**Length:** 3.6miles

**Trail end points:** Burke-Gilman Trail at  
Fremont Ave. N to Fairview Ave. E just west of  
Eastlake Ave. E

**Trail surfaces:** Asphalt

**Trail category:** Greenway/Non-RT

**Trail activities:** Bike,Inline  
Skating,Wheelchair Accessible,Walking

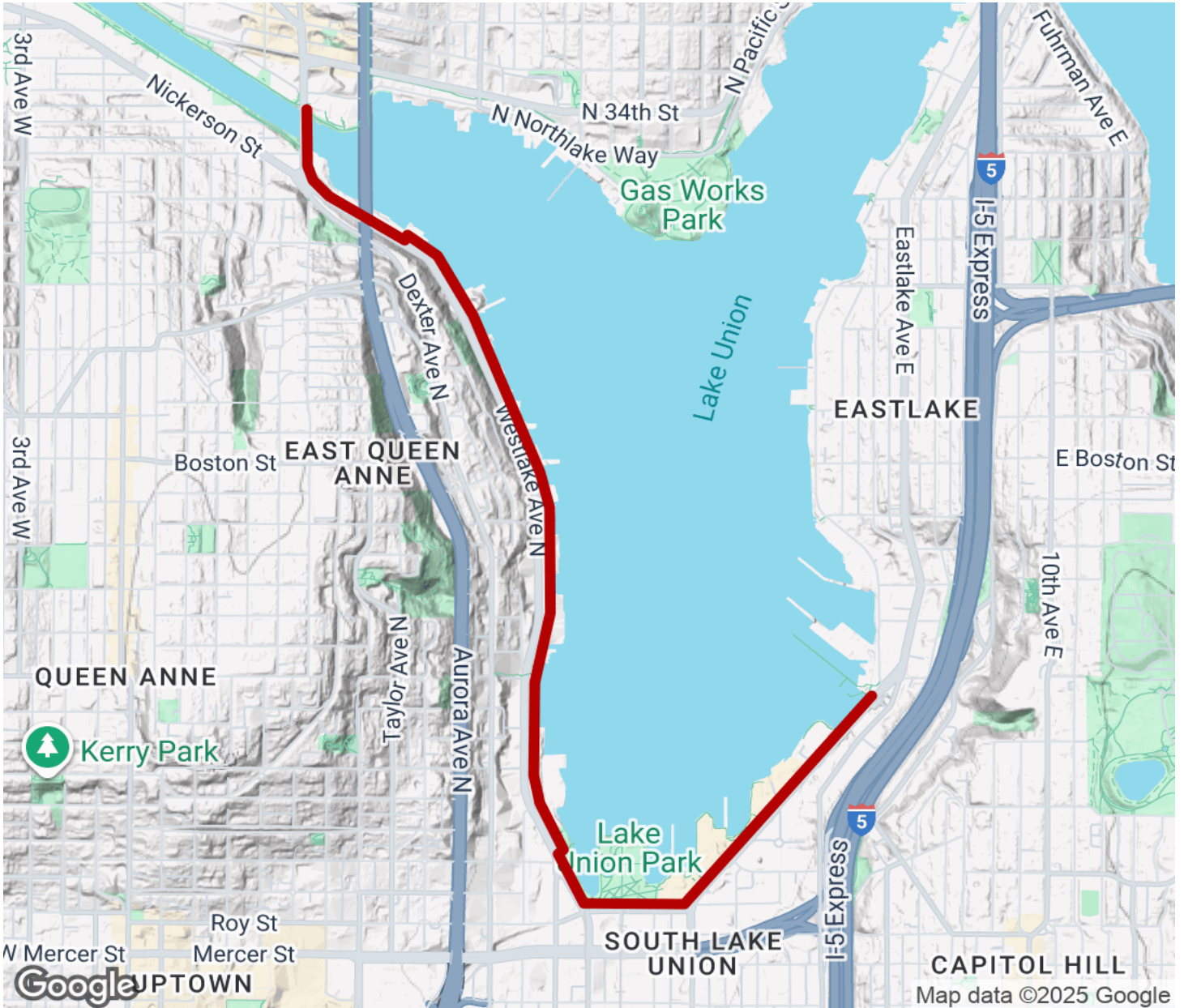
## Parking & Trail Access

Parking can be found at Lake Union Park (860 Terry Ave N.) at the southern end of the lake, as well as at Gas Works Park (2101 N. Northlake Way) on the northern end.



# Cheshiahud Lake Union Loop

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



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