



2025

TrailLink Unlimited 

Guides



**Cheshiahud
Lake Union
Loop**
Washington



Cheshiahud Lake Union Loop

Washington

Seattle's Cheshiahud Lake Union Loop offers scenic views of Lake Union, as well as access to parks, neighborhoods, and downtown



Seattle's Cheshiahud Lake Union Loop offers scenic views of Lake Union, as well as access to parks, neighborhoods, and downtown shops and restaurants. A good place to begin your journey is at Lake Union Park at the lake's southern tip. The park offers picnic areas, a boat launch, and views of several historic ships. From the park, you can head northwest on an off-road trail that follows the western shore of the lake.

At the northwestern corner of the lake, cross the Fremont Bridge to connect to the [Burke-Gilman Trail](#), a member of RTC's [Rail-Trail Hall of Fame](#), which will take you across the northern end of the lake. You can complete the 6-mile loop around the lake by crossing University Bridge and traveling south on-road along Fairview Avenue.



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by Rails-to-Trails Conservancy

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States: Washington

Counties: King

Length: 3.6miles

Trail end points: Burke-Gilman Trail at
Fremont Ave. N to Fairview Ave. E just west of
Eastlake Ave. E

Trail surfaces: Asphalt

Trail category: Greenway/Non-RT

Trail activities: Bike,Inline
Skating,Walking,Wheelchair Accessible

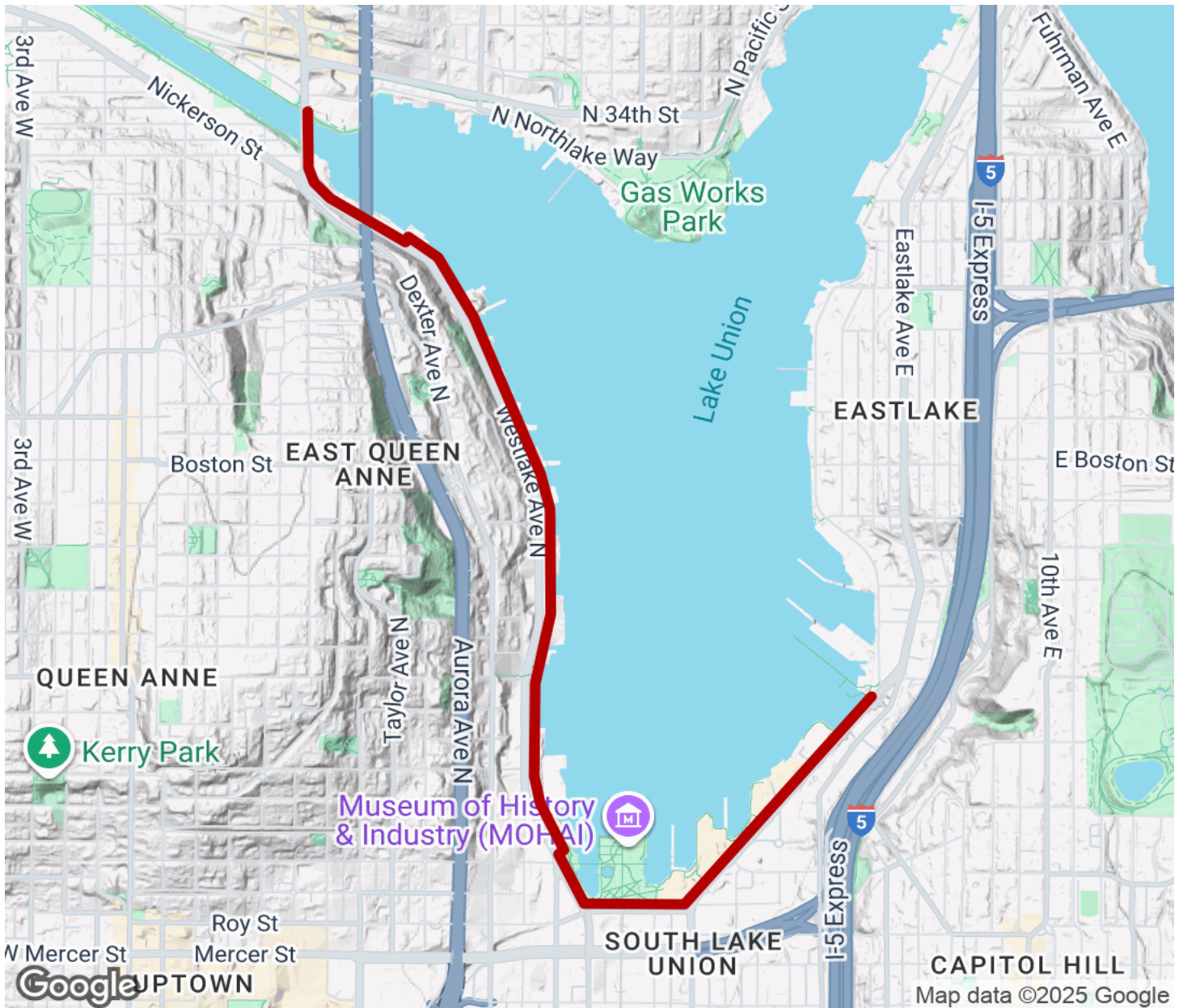
Parking & Trail Access

Parking can be found at Lake Union Park (860 Terry Ave N.) at the southern end of the lake, as well as at Gas Works Park (2101 N. Northlake Way) on the northern end.



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Trailhead



Restroom



Parking



Water Fountain



Tunnel



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