



2025

TrailLink Unlimited 

Guides



**Michael  
Michaud  
Walking and  
Biking Trail**  
*Maine*



## Michael Michaud Walking and Biking Trail

Maine

*When the Bangor Aroostook Railroad extended its line through Millinocket, it opened up development and the town prospered,*



Beginning at the trail map along Congress Street in Crandall Park, head north back toward Central Street to enjoy views of the stream. The trail turns right along Summer Street and then left to follow along State Street. Cross Central Street, turn right for one block, and then left onto Water Street. At Spring Street turn left and then right back onto State Street. At the bridge across Millinocket Stream, pause and take in the view.

After crossing the stream, the trail loops around the back of Sterns High School and parallels the stream to Forest Avenue. After crossing Central Street for a second time, the trail runs along Ash Street and Millinocket Stream. As Ash Street ends, the trail picks up on a path around Granite Street School. At Granite Street, turn right to cross Millinocket Stream and right again on the path through Crandall Park back to your starting point.

When the Bangor Aroostook Railroad extended its line through Millinocket, it opened up development and the town prospered, primarily due to the paper industry. In recent years, the area has become a four-season tourist destination, due to its proximity to Mount Katahdin and Moosehead Lake. This trail was named by the Town of Millinocket for Maine Second District Congressman Michael Michaud, in recognition of his service to the region.

The Michael Michaud Walking and Biking Trail is a 1.65-mile loop on both sides of Millinocket Stream. Dedicated in 2011, the trail is paved with asphalt and features good signage which directs you around the loop. A walk or bike ride on the trail along the waterway is a refreshing experience any time of the year.



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**States:** Maine

**Counties:** Penobscot

Length: 1.65miles

**Trail end points:** Congress Street to Congress Street

**Trail surfaces:** Asphalt

**Trail category:** Greenway/Non-RT

**Trail activities:** Bike,Fishing,Inline  
Skating,Walking,Wheelchair Accessible,Cross  
Country Skiing

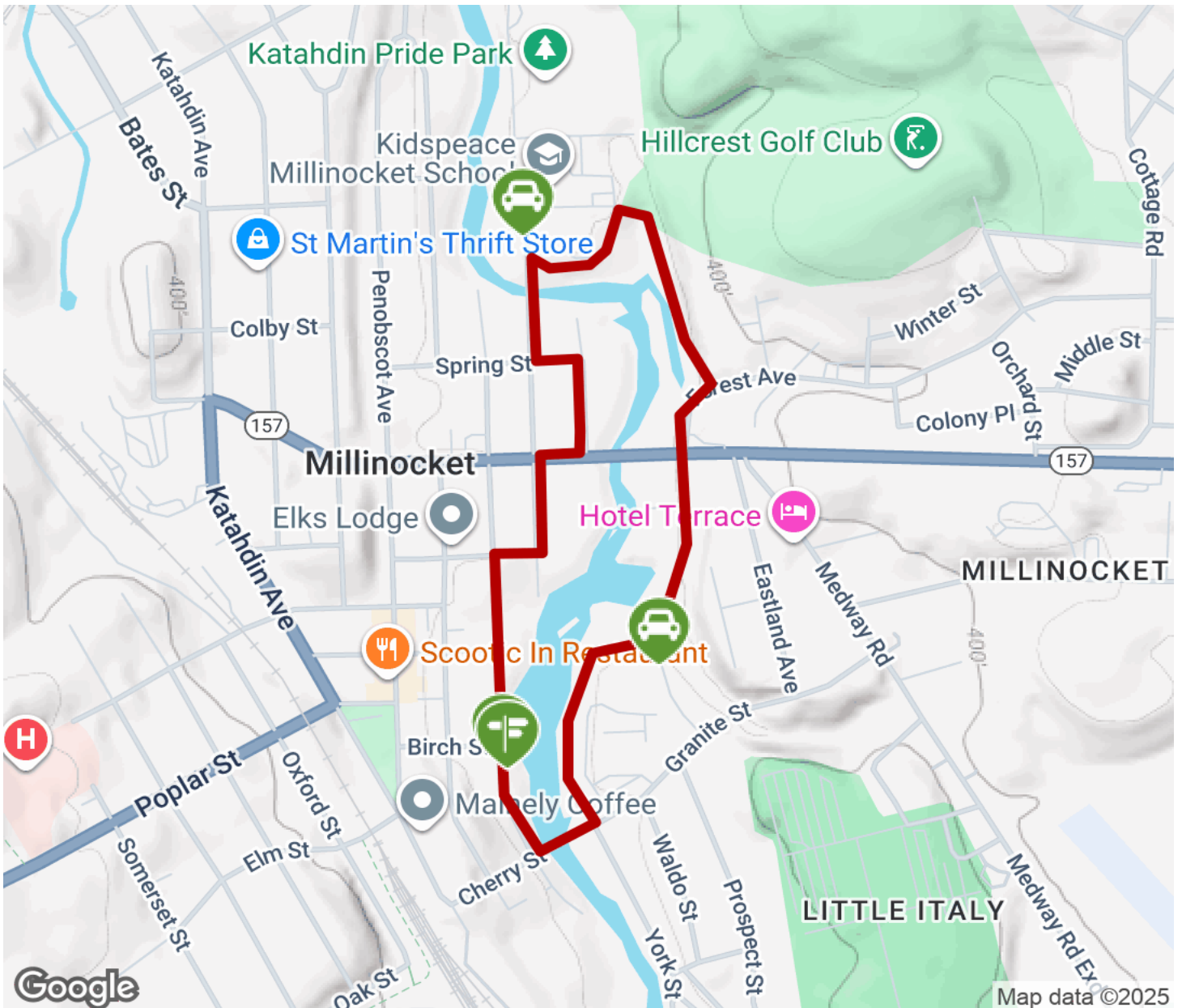
## Parking & Trail Access

From Interstate 95, take Exit 244 (East Millinocket). Head west on State Route 157; Main Street becomes Central Street in Millinocket. Turn left on Congress Street. You can park along the street in the vicinity of Crandall Park. A large trail sign with a trail map is located on the left side of Congress Street.



# Michael Michaud Walking and Biking Trail

Maine



Trailhead



Restroom



Parking



Water Fountain



Tunnel



**TrailLink**  
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