



2026

TrailLink Unlimited 

Guides



Lower Rouge River Recreation Trail

Michigan



Lower Rouge River Recreation Trail

Michigan

The Lower Rouge River Recreation Trail closely follows the river for 4 miles through the town of Canton, located between the urban



Connections

In the middle of the trail, the Lower Rouge River Recreation Trail connects to the [ITC Corridor Trail](#).

At the trail's eastern end, trail users can connect to the [I-275 Metro Trail](#).

The Lower Rouge River Recreation Trail closely follows the river for 4 miles through the town of Canton, located between the urban centers of Ann Arbor and Detroit. The compacted crushed stone pathway includes eight wooden pedestrian bridges over the river that provide lovely views. Most of the trail is heavily wooded.

About the Route

On its eastern end, you can connect to the I-275 Metro Trail to continue your journey another 33 miles. On its western end, a sidewalk can take you north about a half-mile to Heritage Park, which offers restrooms, picnic areas, a library, a museum, a golf club, athletic fields, and other recreational facilities.



Lower Rouge River Recreation Trail

Michigan

States: Michigan

Counties: Wayne

Length: 3miles

Trail end points: Canton Center Rd. (Canton)
to I-275 Metro Trail (Canton)

Trail surfaces: Crushed Stone

Trail category: Greenway/Non-RT

Trail activities: Bike, Walking

Parking & Trail Access

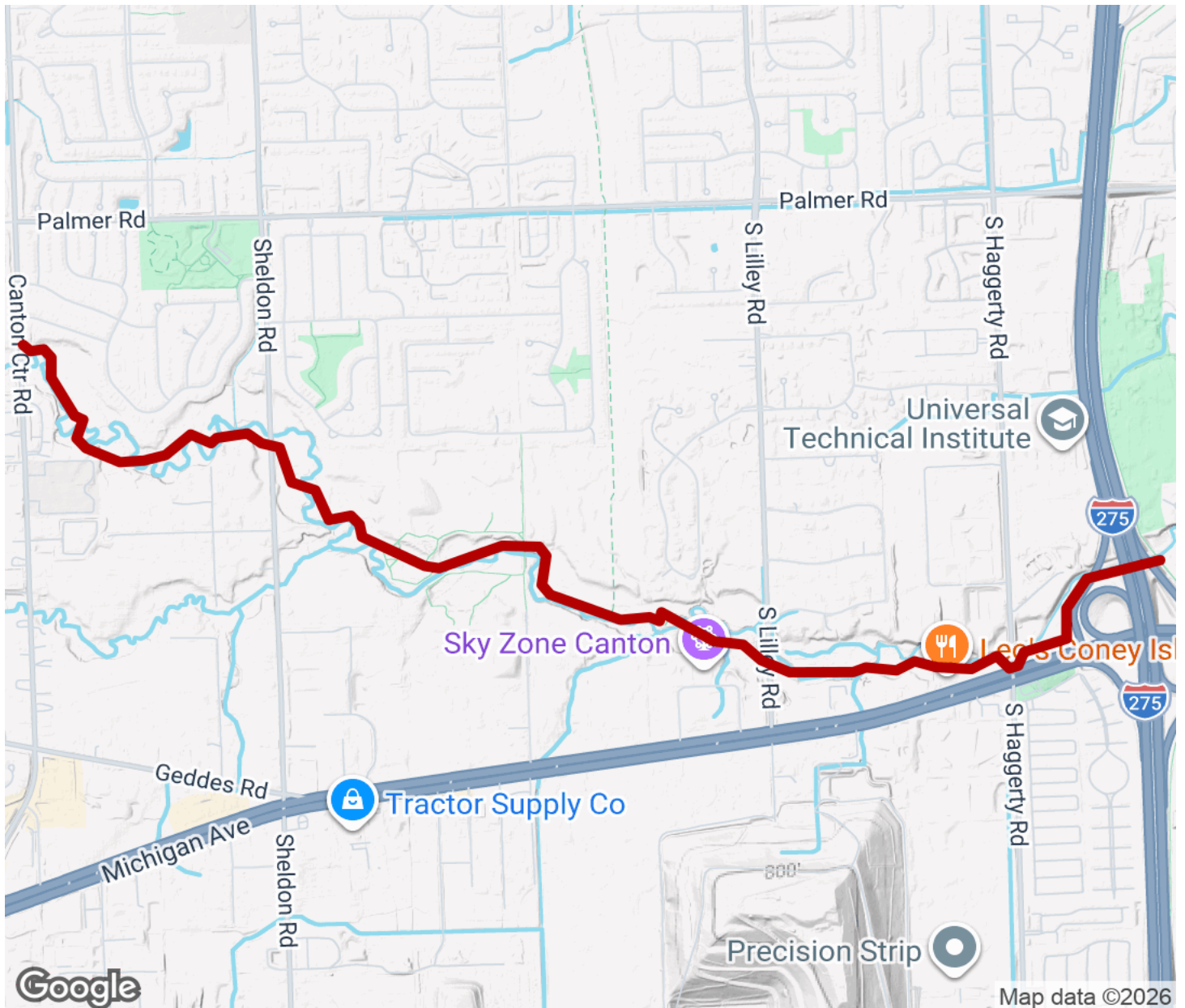
The Lower Rouge River Recreation Trail runs between Canton Center Rd. (Canton) and I-275 Metro Trail (Canton).

There is no designated parking for this trail, please see [TrailLink Map](#) for all parking options and detailed directions.



Lower Rouge River Recreation Trail

Michigan



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com