



2026

TrailLink Unlimited



Guides



**Buffalo Bayou
Trail**
Texas



Buffalo Bayou Trail

Texas

The Buffalo Bayou Trail, also referred to as the Sandy Reed Memorial Trail, cuts across Houston and meanders through the



Memorial Drive for 2 miles within Memorial Park.

Connections

Near Market Square Park, the Buffalo Bayou Trail connects to the [MKT/SP rails to trails](#).

The Buffalo Bayou Trail, also referred to as the Sandy Reed Memorial Trail, cuts across Houston and meanders through the many parks that line the waterway, as well as the historical Glenwood Cemetery. It stretches 17 miles and is fully paved, offering a pleasant outdoor escape in an urban setting.

Sandwiched between Memorial Drive on its north side and Allen Parkway to the south, the east end of the trail is particularly popular and easy to access. Much of this section is shaded and you'll even find a thriving bat colony under the Waugh Drive Bridge. And, if you want to see the views from the water, canoe, and kayak launches are available near the Sabine Street Bridge and City Lot H.

The disconnected western segment travels along



Buffalo Bayou Trail

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States: Texas

Counties: Harris

Length: 17miles

Trail end points: Lockwood Dr. (Houston) to
Lockwood Dr. (Houston)

Trail surfaces: Asphalt, Concrete

Trail category: Greenway/Non-RT

Trail activities: Bike, Inline

Skating, Walking, Wheelchair Accessible

Parking & Trail Access

There is parking at the Water Works visitor center, 105-B Sabine St., depending on special events. Nearby, along Memorial Drive, parking lot H has 400 spots.

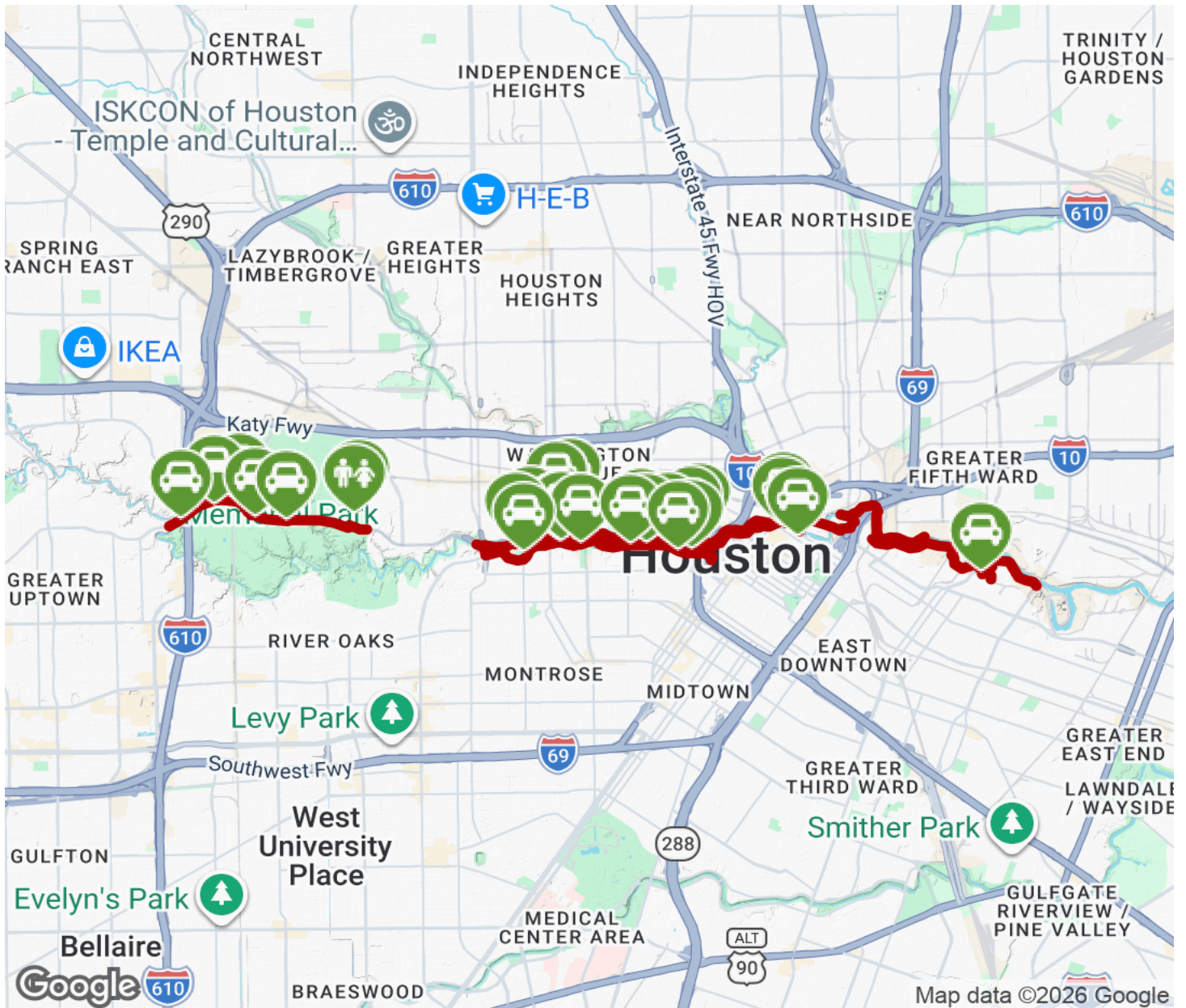
Along Allen Parkway between Sabine and Taft St., there is meter parking spots available between 9-7pm M-F. There is often a 3 hour limit.

See [TrailLink Map](#) for more parking options and detailed directions.



Buffalo Bayou Trail

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com