



2025

TrailLink Unlimited 

Guides



**Carl Henn  
Millennium  
Trail**  
*Maryland*



## Carl Henn Millennium Trail

Maryland

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The Carl Henn Millennium Trail is Rockville's bicycle beltway. The paved 10-mile loop connects residential neighborhoods, parks, shops, restaurants, and more.

### About the Route

The Carl Henn Millennium Trail creates a circle around the city, providing a safe and convenient way to get around town or enjoy a leisurely stroll.

The trail was constructed in 2000 and was named after the excitement and promise held in the new millennium. The trail was renamed in 2011 after Rockville resident Carl Henn, a tireless advocate for sustainability and active transportation, who passed away in 2010.



**TrailLink**  
by Rails-to-Trails Conservancy

**TrailLink.com**



# Carl Henn Millennium Trail

*Maryland*

**States:** Maryland

**Counties:** Montgomery

Length: 10.7miles

**Trail end points:** Falls Grove Stream Valley

Park to Falls Grove Stream Valley Park

**Trail surfaces:** Asphalt, Concrete

**Trail category:** Greenway/Non-RT

**Trail activities:** Bike, Inline

Skating, Wheelchair Accessible, Walking

## Parking & Trail Access

The Carl Henn Millennium Trail is a loop trail around Rockville.

Parking is available at:

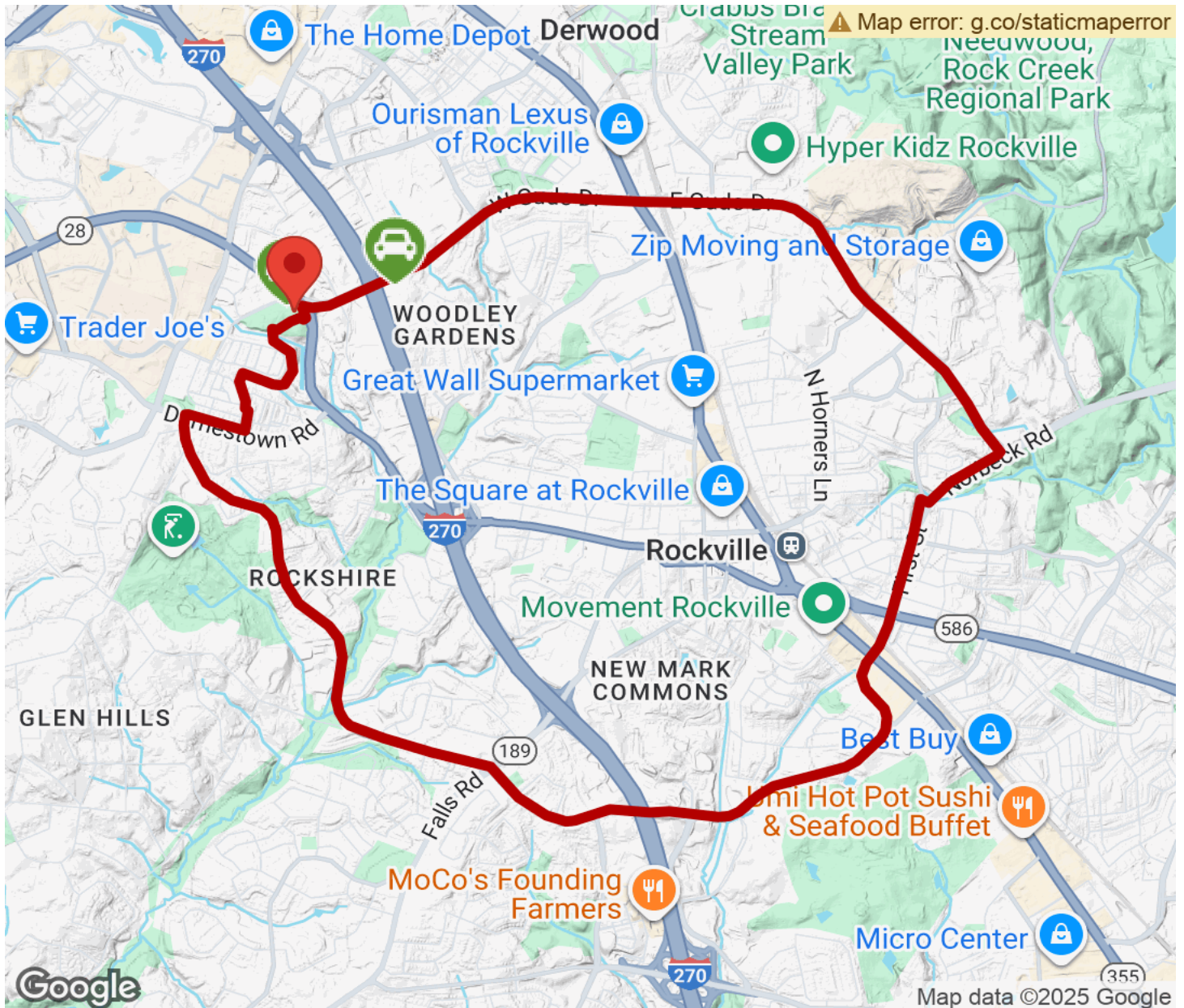
- Thomas Farm Community Center, 700 Falls Grove Dr (Rockville)
- Rockville Senior Center, 1150 Carnation Dr (Rockville)

Visit the [TrailLink map](#) for all parking options and detailed directions.



# Carl Henn Millennium Trail

Maryland



Trailhead



Restroom



Parking



Water Fountain



Tunnel



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