



2026

TrailLink Unlimited 

Guides



**Carl Henn
Millennium
Trail**
Maryland



Carl Henn Millennium Trail

Maryland

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The Carl Henn Millennium Trail is Rockville's bicycle beltway. The paved 10-mile loop connects residential neighborhoods, parks, shops, restaurants, and more.

About the Route

The Carl Henn Millennium Trail creates a circle around the city, providing a safe and convenient way to get around town or enjoy a leisurely stroll.

The trail was constructed in 2000 and was named after the excitement and promise held in the new millennium. The trail was renamed in 2011 after Rockville resident Carl Henn, a tireless advocate for sustainability and active transportation, who passed away in 2010.



Carl Henn Millennium Trail

Maryland

States: Maryland

Counties: Montgomery

Length: 10.7miles

Trail end points: Fallsgrove Stream Valley

Park to Fallsgrove Stream Valley Park

Trail surfaces: Asphalt, Concrete

Trail category: Greenway/Non-RT

Trail activities: Bike, Inline

Skating, Walking, Wheelchair Accessible

Parking & Trail Access

The Carl Henn Millennium Trail is a loop trail around Rockville.

Parking is available at:

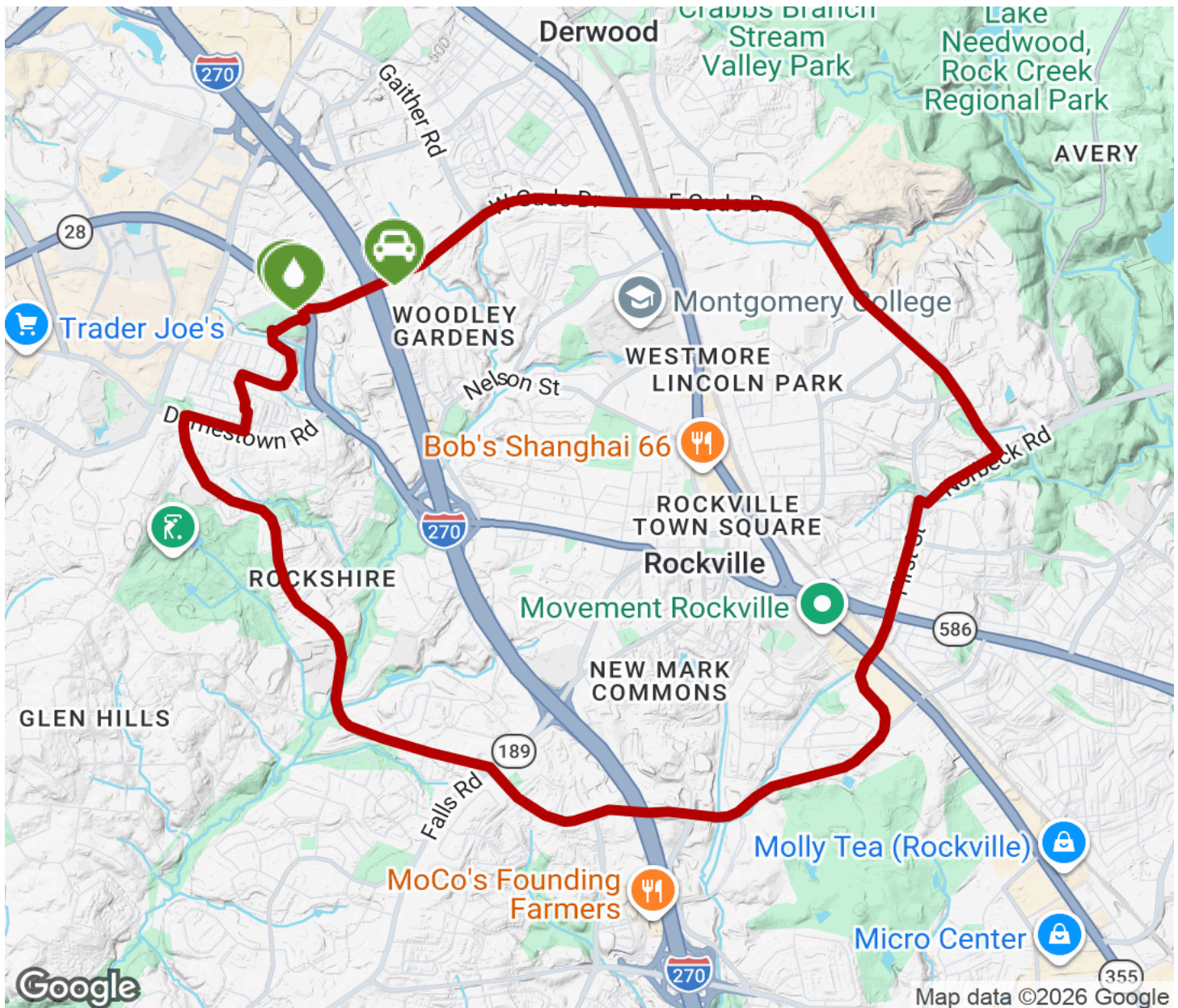
- Thomas Farm Community Center, 700 Fallsgrove Dr (Rockville)
- Rockville Senior Center, 1150 Carnation Dr (Rockville)

Visit the [TrailLink map](#) for all parking options and detailed directions.



Carl Henn Millennium Trail

Maryland



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com