



2026

TrailLink Unlimited 

Guides   



**Deschutes  
River Trail  
(Bend)**  
*Oregon*



## Deschutes River Trail (Bend)

Oregon

*Deschutes River Trail meanders over 12 miles through the heart of Bend in central Oregon. Most of the trail follows the river for which*



through narrow flumes and over boulder-strewn rapids. Bicycles are not allowed on the west side of the trail section in the South Canyon Reach, but there is an alternative bike route that connects the Bill Healy Bridge to the Haul Road Trail along Century Drive.

Note: A portion of the southern trail loop—south of Reed Market Road on the west side of the river—is open to pedestrians only (no bicycles allowed; watch for the signs which will indicate this). This walking-only section is part of the "South Canyon Reach" area of the trail.

Deschutes River Trail meanders over 12 miles through the heart of Bend in central Oregon. Most of the trail follows the river for which it's named, providing terrific views and recreational opportunities. The trail is easy to access as it links a number of parks, including Sawyer Park, Pioneer Park, and Riverbend Park. Many of these sites offer parking, drinking water, and restrooms.

The Pioneer Reach section of the trail is paved and follows the banks of the city's placid Mirror Pond. The Old Mill Reach is a popular stretch of the trail along the riverbank through Bend's revitalized Old Mill District, a hot spot of shops, restaurants, galleries, and entertainment. The South Canyon Reach is a wilderness section located south of Reed Market Road, winding through ponderosa pine forests and over a canyon rim where the river gushes



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**States:** Oregon

**Counties:** Deschutes

Length: 12.5miles

**Trail end points:** NW Kriklady Ct. (Bend) to  
Wild Rapids Dr. (Bend)

**Trail surfaces:** Concrete,Dirt,Gravel

**Trail category:** Greenway/Non-RT

**Trail activities:** Bike,Fishing,Mountain  
Biking,Inline Skating,Walking,Wheelchair  
Accessible

## Parking & Trail Access

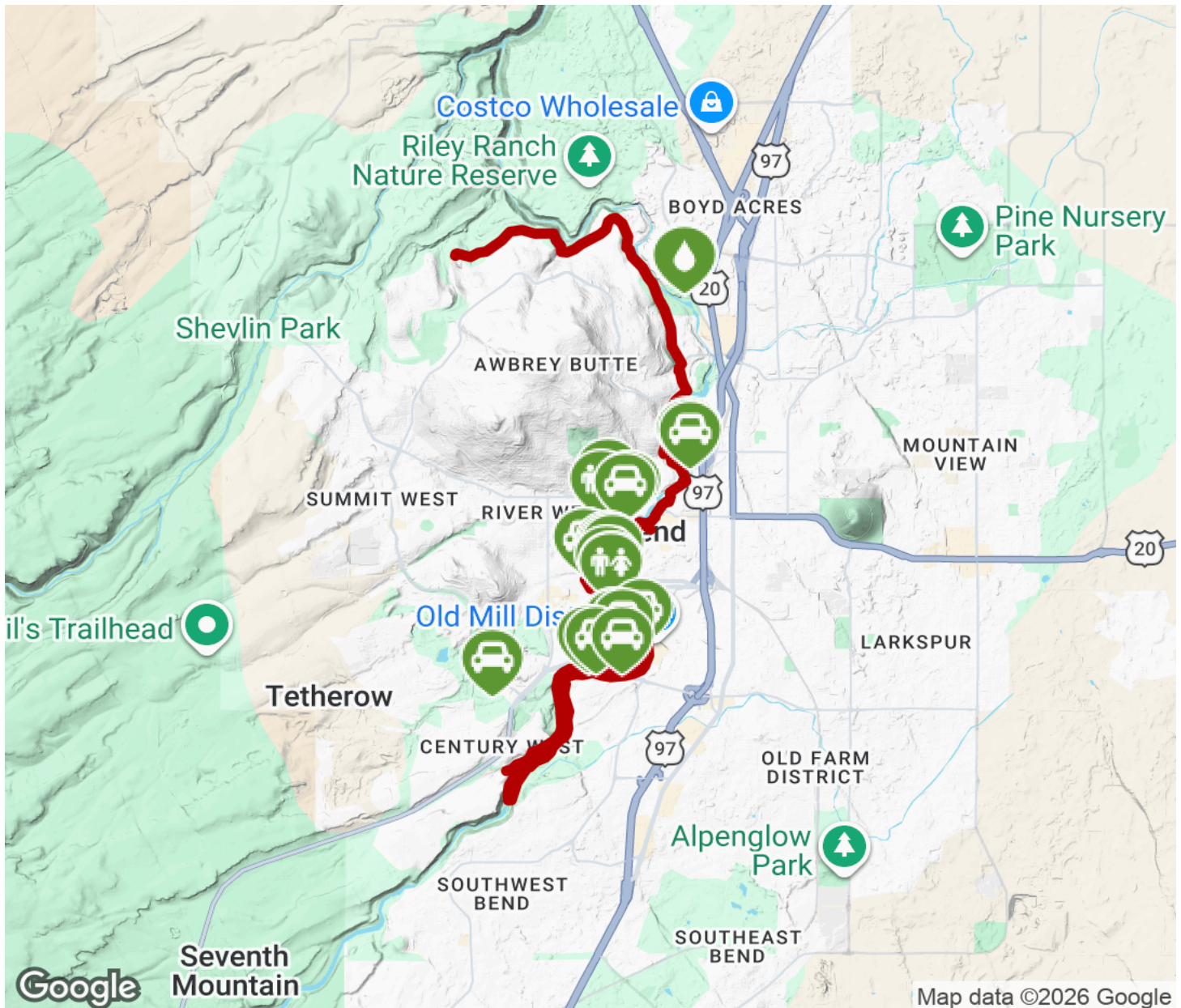
Parking is available at these parks along the trail, from north to south:

- Pioneer Park, 1525 Wall St.
- Miller's Landing Park, 55 NW Riverside Blvd.
- Riverbend Park, 799 SW Columbia St.



# Deschutes River Trail (Bend)

Oregon



Trailhead



Restroom



Parking



Water Fountain



Tunnel



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