



2025

TrailLink Unlimited 

Guides



**Phyllis
Harmon Path**
Illinois



Phyllis Harmon Path

Illinois

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its revival back to national prominence.

Although the Phyllis Harmon Path is short, it's an important connector in an east-west bike/ped route between Arlington Heights and Glencoe. Following Dundee Road, the paved trail goes from the Des Plaines River to the Tri-State Tollway. It provides access to the [Des Plaines River Trail](#), which stretches more than 50 miles across two counties (Lake and Cook) and reaches the Wisconsin border.

Phyllis Harmon, a former Wheeling resident for whom the trail is named, is an inductee in the U.S. Bicycling Hall of Fame. For more than 60 years she worked for the League of American Bicyclists, the oldest bicycling organization in the country. Founded in 1880 as the League of American Wheelman, the organization went inactive after World War II; Harmon played a key role in



Phyllis Harmon Path

Illinois

States: Illinois

Counties: Cook

Length: 1.1miles

Trail end points: Des Plaines River to Tri-State

Tollway

Trail surfaces: Asphalt

Trail category: Greenway/Non-RT

Trail activities: Bike, Walking

Parking & Trail Access

A parking lot can be found in Potawatomi Woods along the east bank of the Des Plaines River, just north of Dundee Road and east of Milwaukee Avenue.



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by Rails-to-Trails Conservancy

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