



2025

TrailLink Unlimited 

Guides



**Freedom Trail  
Bikeway**  
*New Jersey*



## Freedom Trail Bikeway

New Jersey

*Freedom Trail Bikeway will eventually be a 10-mile route linking parks and open spaces throughout South Brunswick Township in*



Road to Route 1. About a mile west from the preserve are two other rail-trails to explore: [Kingston Branch Loop Trail](#) and the [Delaware and Raritan Canal State Park Trail](#).

Freedom Trail Bikeway will eventually be a 10-mile route linking parks and open spaces throughout South Brunswick Township in northern New Jersey. The trail follows a former rail line through woodlands, wetlands, and neighborhoods.

Currently, two short disconnected sections of the trail are complete in these communities of South Brunswick:

- Monmouth Junction: A paved 1.4-mile pathway runs east from Stouts Lane, across New Road, then east and south to a parking lot on Ridge Road. Well-marked crosswalks have been added on New Road and Ridge Road to increase trail safety.
- Kingston: This is an unpaved 1.2-mile trail from Ridge



# Freedom Trail Bikeway

*New Jersey*

**States:** New Jersey

**Counties:** Middlesex

Length: 2.6miles

**Trail end points:** Monmouth Junction to  
Kingston

**Trail surfaces:** Asphalt, Dirt

**Trail category:** Rail-Trail

**Trail activities:** Bike, Walking, Wheelchair  
Accessible

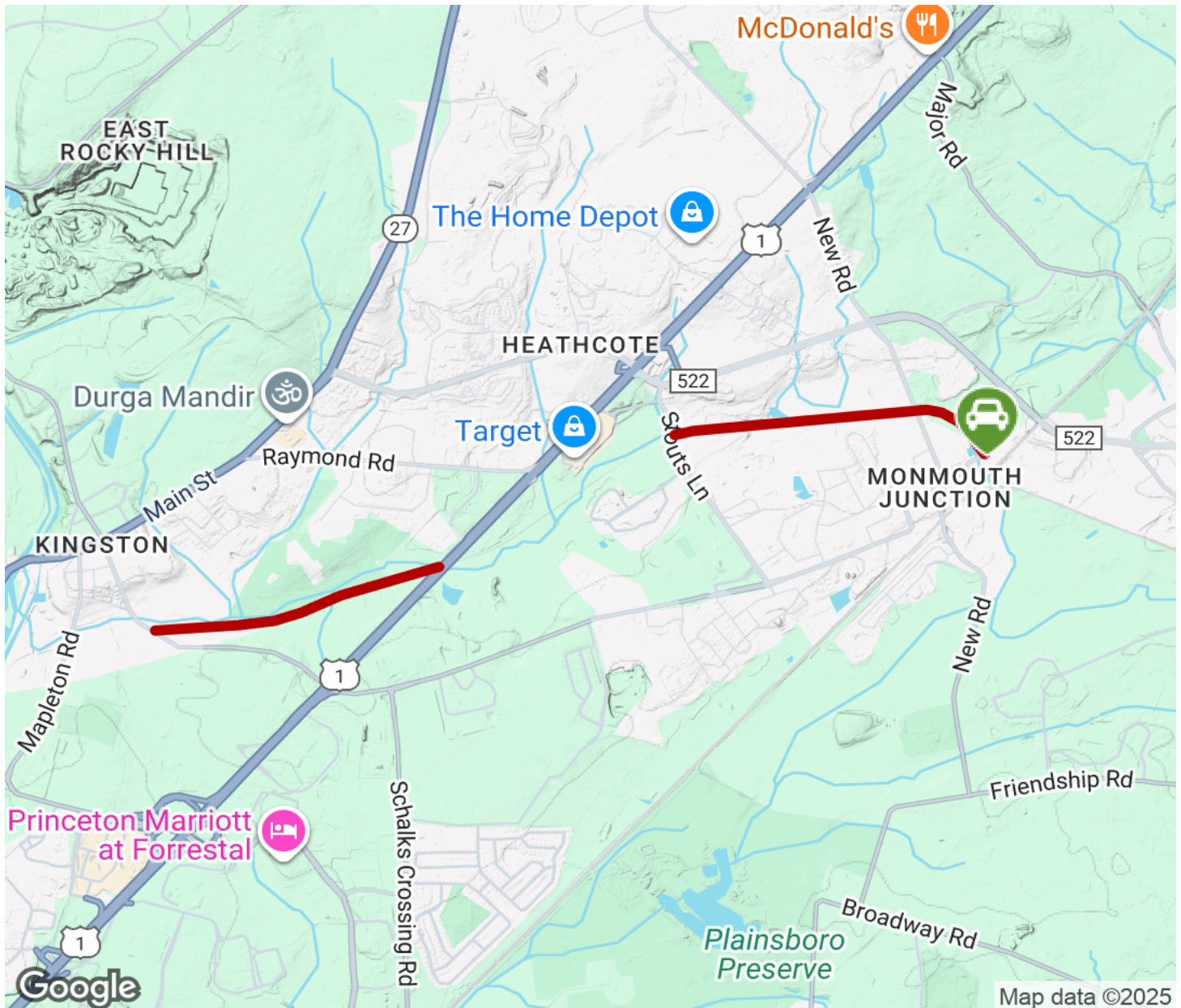
## Parking & Trail Access

In Monmouth Junction, a parking lot is available at 600 Ridge Road. In Kingston, parking is available in the Cook Natural Area (1010 Ridge Road).



# Freedom Trail Bikeway

New Jersey



Trailhead



Restroom



Parking



Water Fountain



Tunnel



**TrailLink**  
by Rails-to-Trails Conservancy

**TrailLink.com**