



2026

TrailLink Unlimited 

Guides   



**Freedom Trail
Bikeway**
New Jersey



Freedom Trail Bikeway

New Jersey

Freedom Trail Bikeway will eventually be a 10-mile route linking parks and open spaces throughout South Brunswick Township in



Road to Route 1. About a mile west from the preserve are two other rail-trails to explore: [Kingston Branch Loop Trail](#) and the [Delaware and Raritan Canal State Park Trail](#).

Freedom Trail Bikeway will eventually be a 10-mile route linking parks and open spaces throughout South Brunswick Township in northern New Jersey. The trail follows a former rail line through woodlands, wetlands, and neighborhoods.

Currently, two short disconnected sections of the trail are complete in these communities of South Brunswick:

- Monmouth Junction: A paved 1.4-mile pathway runs east from Stouts Lane, across New Road, then east and south to a parking lot on Ridge Road. Well-marked crosswalks have been added on New Road and Ridge Road to increase trail safety.
- Kingston: This is an unpaved 1.2-mile trail from Ridge



Freedom Trail Bikeway

New Jersey

States: New Jersey

Counties: Middlesex

Length: 2.6 miles

Trail end points: Monmouth Junction to Kingston

Trail surfaces: Asphalt, Dirt

Trail category: Rail-Trail

Trail activities: Bike, Walking, Wheelchair Accessible

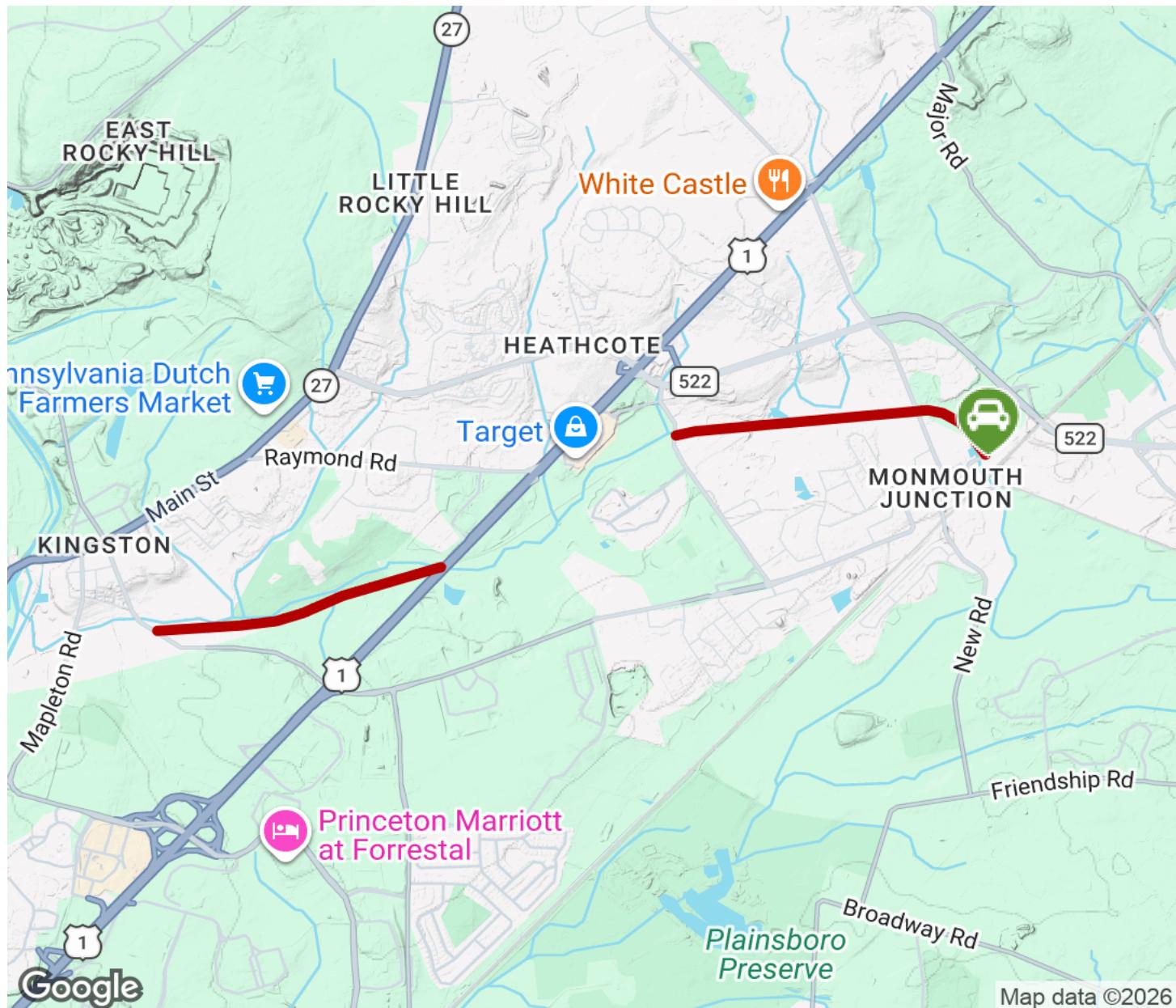
Parking & Trail Access

In Monmouth Junction, a parking lot is available at 600 Ridge Road. In Kingston, parking is available in the Cook Natural Area (1010 Ridge Road).



Freedom Trail Bikeway

New Jersey



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

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