



2026

TrailLink Unlimited



Guides



I-5 Trail *Oregon*



I-5 Trail

Oregon

The I-5 Trail is available in two disconnected segments that are roughly equivalent in size with each being about 2 miles long. The



After a short gap, the southern segment picks up on the southwest side of the fairgrounds. Here, you can visit the Douglas County Museum, which shares both the natural history of the Umpqua River Valley and the story of the region's people. The trail continues south along the river, crossing it once just more before ending in the small community of Green.

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The northern segment begins in Roseburg's busy shopping area along Garden Valley Boulevard and heads south along the interstate and into the pleasant tree cover of Riverfront Park. There, you can hop on the [Roseburg Park Loop](#) to visit several of the city's other parks, or cross the South Umpqua River and continue on the main trail as it skirts along Roseburg High School. The trail winds along the river, nestled between the water and I-5, separated from the interstate by a wide grassy slope and trees. The paved pathway ends just north of the Douglas County Fairgrounds.



I-5 Trail

Oregon

States: Oregon

Counties: Douglas

Length: 4.1miles

Trail end points: NW Garden Valley Blvd.
(Roseburg) to Carnes Rd. (Green)

Trail surfaces: Asphalt

Trail category: Greenway/Non-RT

Trail activities: Bike, Inline Skating, Walking

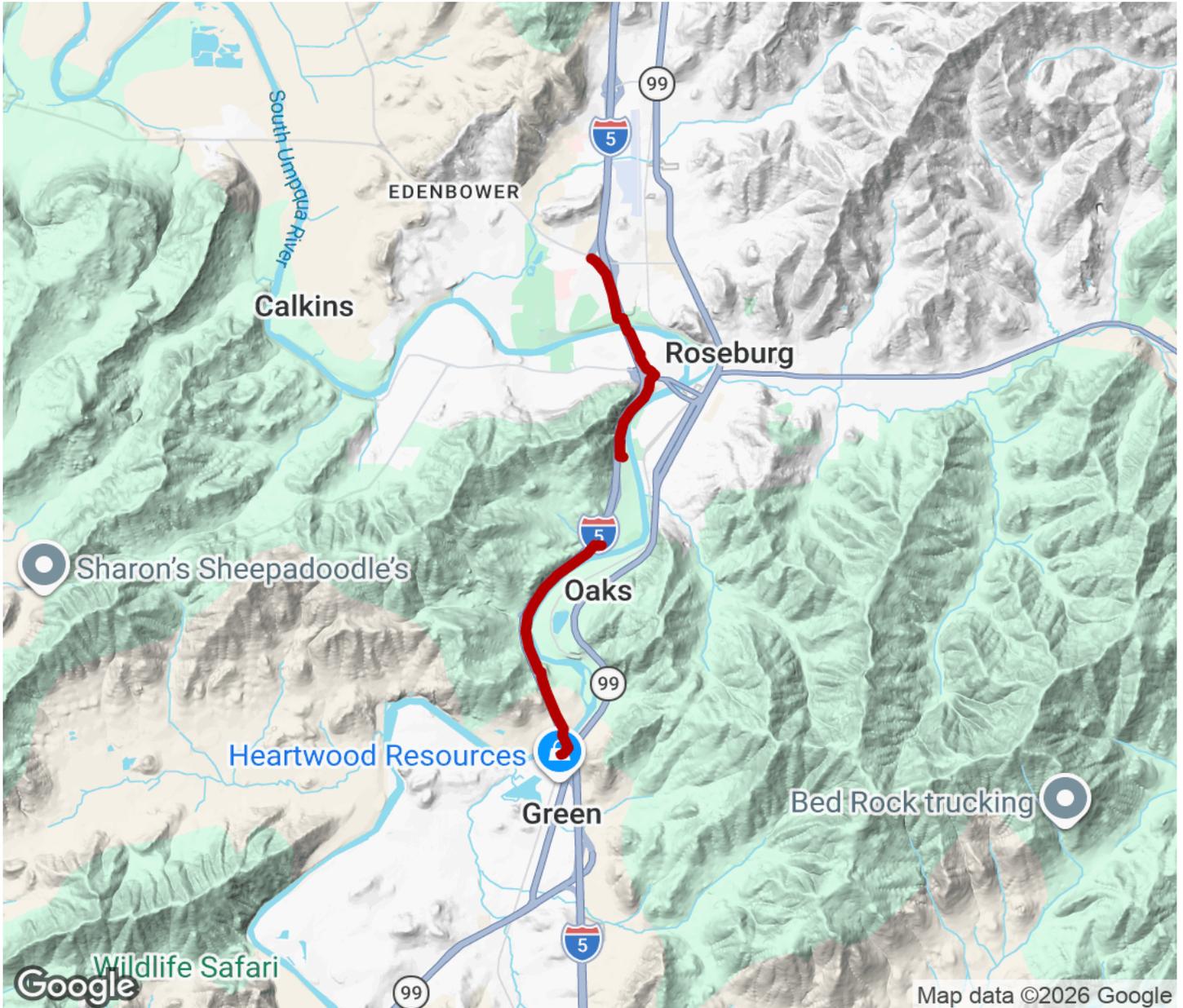
Parking & Trail Access

Parking is available at the south end of the trail at the Douglas County Fairgrounds (2110 SW Frear Street) and the Douglas County Museum (123 Museum Drive).



I-5 Trail

Oregon



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com