



2026

TrailLink Unlimited 

Guides



**Ocean
Parkway
Coastal
Greenway**
New York



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The Ocean Parkway Coastal Greenway parallels its namesake roadway 13.7-mile trail on Jones Beach Island, an outer barrier island off the southern coast of Long Island, NY.

About the Route

The southern end of the trail begins at the southern end of the Ellen Farrant Memorial Bikeway, at Zachs Bay. The trail borders the northern side of the parkway, separated from the road by a grassy median and guardrail. The bay is to the left for about the first third of the journey. Heading east, there is a postcard-perfect panorama of the theater sitting right on the edge of the water, but the vegetation soon rises high enough to form a screen.

Continuing east, the vegetation flattens out in places, opening up views of the marshland beyond. There are mile markers painted on the asphalt. About midway, a Jones Beach State Park sign appears in the park's signature Art Deco style, a style that is echoed in many of the park's other structures, including the iconic Jones Beach Water Tower, looming to the west of the trail.

The trail continues out to Tobay Beach in the town of Oyster Bay. Bikes are prohibited on the beach, but there's plenty of bike parking outside the turnstile entryway. Tobay Beach features restaurants, a water park, and a marina. On weekends and holidays the beach is for town residents only, but nonresidents can access it for a fee on weekdays.

As of 2021, the trail has been extended all the way out to the eastern end of the island at Captree State Park, with bike parking available along the way at the state park as well as Gilgo Beach and the Cedar Beach Marina, allowing trail users to easily make a stop for some fun in the sun along the water.

Connections

Continue on the [Ellen Farrant Memorial Bikeway](#) north from Field 5 in Jones Beach State Park to Cedar Creek Park in Seaport. Alternatively, combine an adventure on the trail with a beach day and use the tunnels near the western endpoint of the trail to cross underneath Ocean Parkway and reach the Jones Beach Boardwalk. Bicyclists must go slowly on the boardwalk, as it tends to be teeming with enthusiastic beachgoers.

Trail History

Like Wantagh State Parkway, Ocean Parkway was built in the postwar 1930s to provide access to the crown jewel of the state park system, Jones Beach State Park. Unlike the former road, however, this one travels east-west and only recently added a pathway for nonmotorized traffic.



Ocean Parkway Coastal Greenway

New York

States: New York

Counties: Nassau, Suffolk

Length: 13.7 miles

Trail end points: Jones Beach Field 5, near Wantagh State Pkwy & Ocean Pkwy (Wantagh) to Captree State Park (3500 Ocean Pkwy, Bay Shore)

Trail surfaces: Asphalt

Trail category: Greenway/Non-RT

Trail activities: Bike, Inline

Skating, Walking, Wheelchair Accessible

Parking & Trail Access

The Ocean Parkway Coastal Greenway runs between Jones Beach Field 5, near Wantagh State Pkwy & Ocean Pkwy (Wantagh) and Captree State Park (3500 Ocean Parkway), both of which offer parking.

Parking is also available at:

- Jones Beach State Park, 1000 Ocean Parkway (Wantagh)

Please note that there are entrance/parking fees for Jones Beach State Park, Tobey Beach, Gilgo Beach, and Captree State Park.

Visit the [TrailLink map](#) for all parking options and detailed directions.



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Ocean Parkway Coastal Greenway

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



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