



2026

TrailLink Unlimited



Guides



Flatwoods Park Trail

Florida



Flatwoods Park Trail

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The Flatwoods Park Trail is located within a park of the same name. This multi-purpose route is a ten-mile paved loop that



used during and after rain showers, as puddles can develop. On any given day, there is a good blend of cyclists, joggers, hikers, and skaters, and proper etiquette should be used by all.

The Flatwoods Park Trail is located within a park of the same name. This multi-purpose route is a ten-mile paved loop that provides a pleasant, wooded experience with abundant wildlife such as armadillos, turtles, hawks, and deer to name a few. Flatwoods Park is one of five parks that make up the Wilderness Park system. These parks include Trout Creek, Dead River, Morris Bridge, and John B. Sargeant Memorial Park. Please note that Class 1 electric bikes (e-bikes) are allowed, but Class 2 and Class 3 are prohibited.

About the Route

Throughout the whole park and route, there are several picnic shelters, grills, and tables available for a fee, along with coolers and other amenities. Some caution should be



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States: Florida

Counties: Hillsborough

Length: 10miles

Trail end points: Morris Bridge Rd.
(Thonotosassa) to Bruce B. Downs Blvd. (Tampa)

Trail surfaces: Asphalt

Trail category: Greenway/Non-RT

Trail activities: Bike, Inline
Skating, Walking, Wheelchair Accessible

Parking & Trail Access

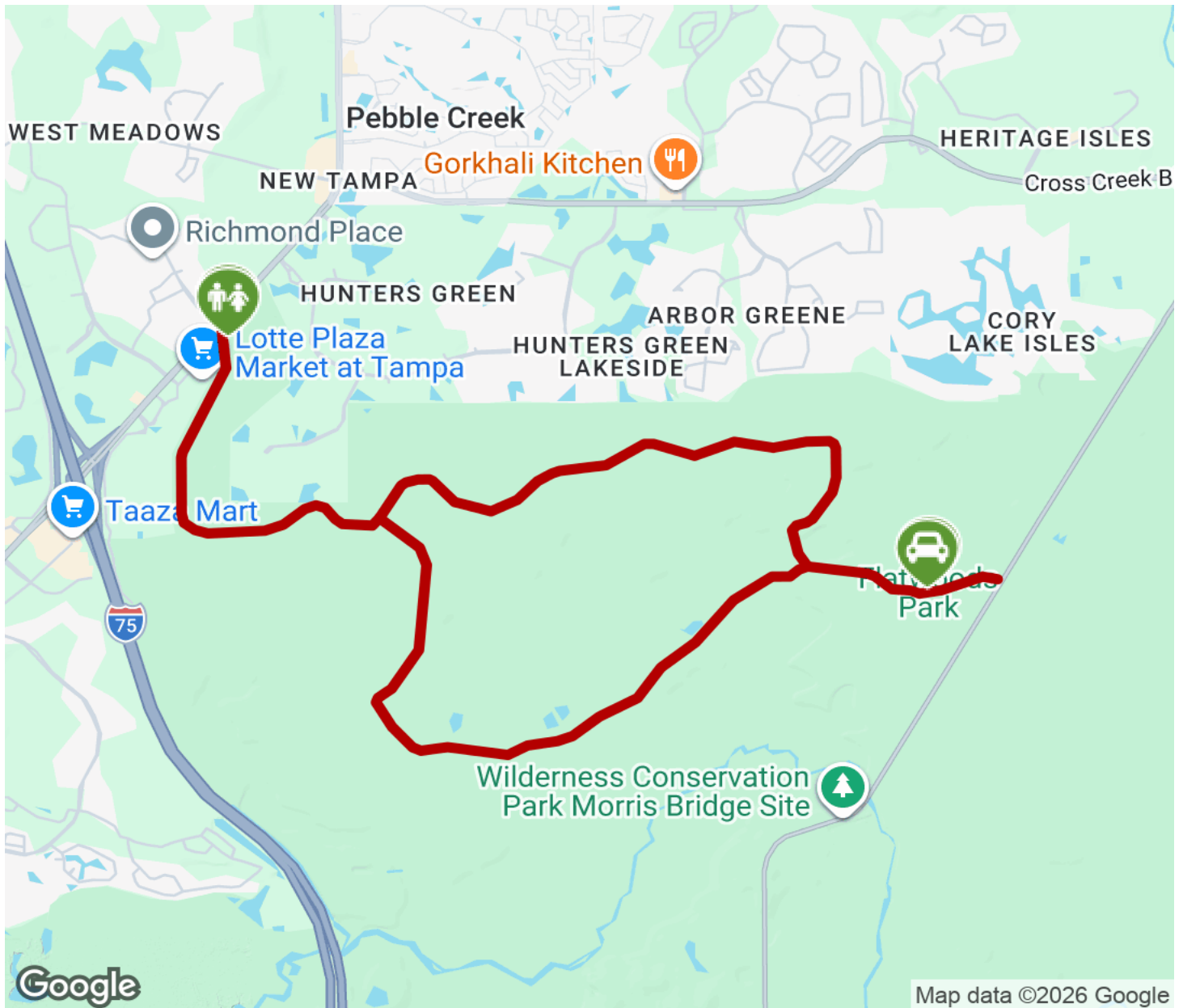
The Flatwoods Park Trail runs between the intersection of Morris Bridge Rd. (Thonotosassa) and Bruce B. Downs Blvd. (Tampa), with parking available at either end.

Please see [TrailLink Map](#) for all parking options and detailed directions.



Flatwoods Park Trail

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com