



2026

TrailLink Unlimited 

Guides   



**BMRR South
Trail**
Alabama



BMRR South Trail

Alabama

The BMRR South Trail is part of a network of 14 miles of hiking and biking pathways throughout Birmingham's 1,500-acre Red



The BMRR South Trail is part of a network of 14 miles of hiking and biking pathways throughout Birmingham's 1,500-acre Red Mountain Park, which opened in 2012. The park's namesake mountain was the source of rich iron ore deposits that made the city an industrial powerhouse in the late 1800s. The Birmingham Mineral Railroad, for which the rail-trail is named, delivered ore from the mountain's mines to furnaces within the city for processing.

This scenic, unpaved trail, surrounded by tall trees full of Alabama wildlife, is wide enough for many users and leads to destination sites that showcase this mining and industrial history.

A few miles west along Venice Road, users can connect to

the [High Ore Line Trail](#), another rail-trail stretching 3.1 miles. The High Ore Line Trail ends at the new Venice Road entrance to Red Mountain Park.

The [BMRR North Trail](#) is a paved, 2-mile trail that also winds through the park.



BMRR South Trail

Alabama

States: Alabama

Counties: Jefferson

Length: 2.1miles

Trail end points: Songo Trail to #14 Mine Trail

Trail surfaces: Dirt,Gravel

Trail category: Rail-Trail

Trail activities: Mountain Biking,Walking

Parking & Trail Access

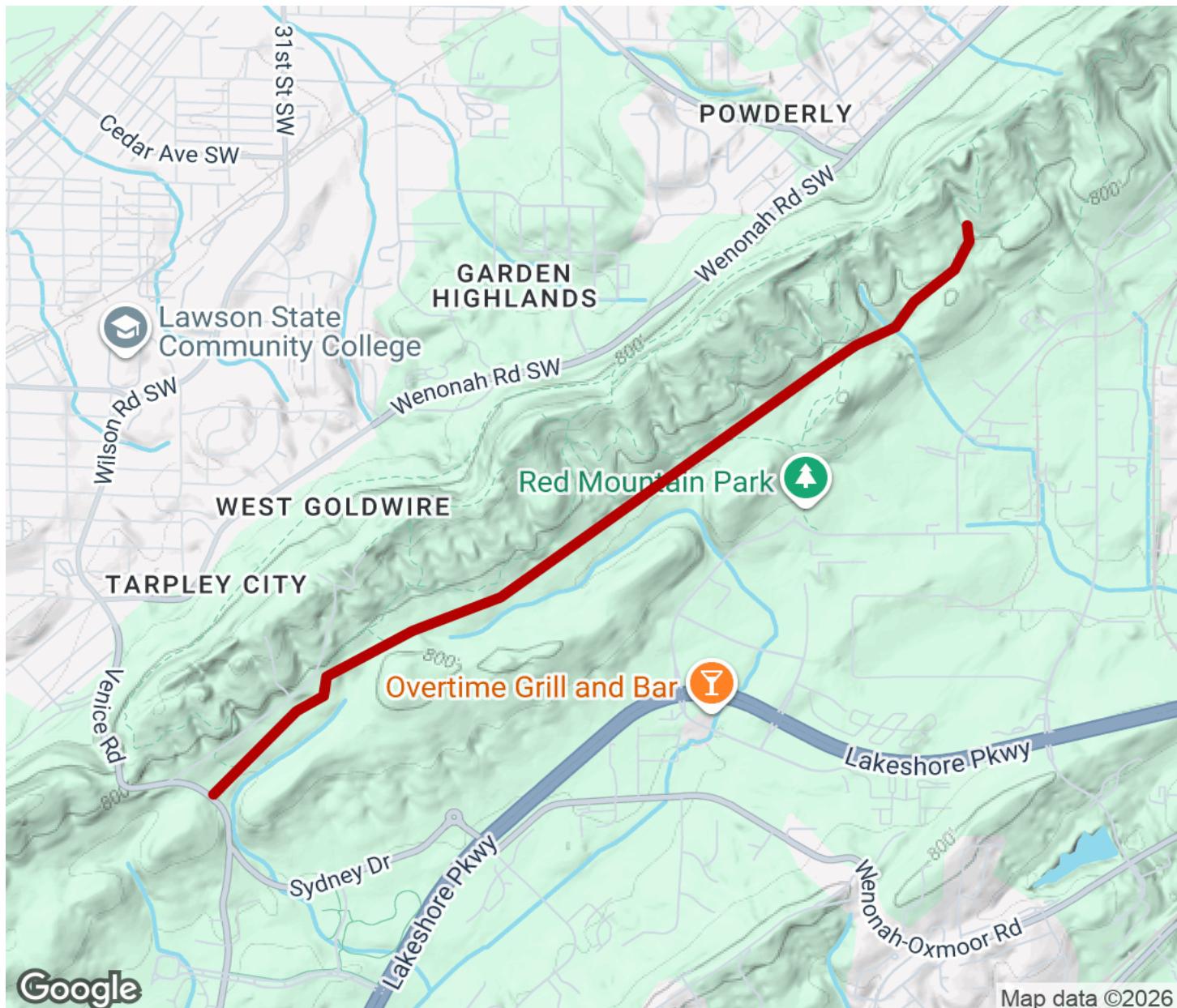
Entrance to the Birmingham Mineral Railroad (BMRR) South Trail is located at 2011 Frankfurt Drive in Birmingham. Currently, temporary parking is available directly across the street from the entrance and plans for a formal parking lot are underway.

Near the south endpoint, there is a new parking lot and entrance on Venice Street, south of Wenoah Road SW.



BMRR South Trail

Alabama



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

[TrailLink.com](https://www.TrailLink.com)