



2026

TrailLink Unlimited 

Guides



**Metro-East
Levee Trail**
Illinois



Metro-East Levee Trail

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The Metro-East Levee Trail offers a semicircle route around Cahokia, which lies south of St. Louis and east of the Mississippi River. It parallels a canal and sits atop a levee that is 30 feet high at some points. The experience offers a mixture of small hills and flat areas with views of wetlands and open green space.

Note, however, that the trail's surface is very rough and best suited for hiking. Though biking is permitted, even mountain bikers will find the ride challenging. There is also little shade along the route.



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by Rails-to-Trails Conservancy

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Metro-East Levee Trail

Illinois

States: Illinois

Counties: St. Clair

Length: 7.6miles

Trail end points: Cargill Elevator Road to
Millstadt Road/Highway 163

Trail surfaces: Gravel

Trail category: Greenway/Non-RT

Trail activities: Mountain Biking, Walking

Parking & Trail Access

Parking is available near the east end of the trail at the Old Cahokia Courthouse (107 Elm Street).



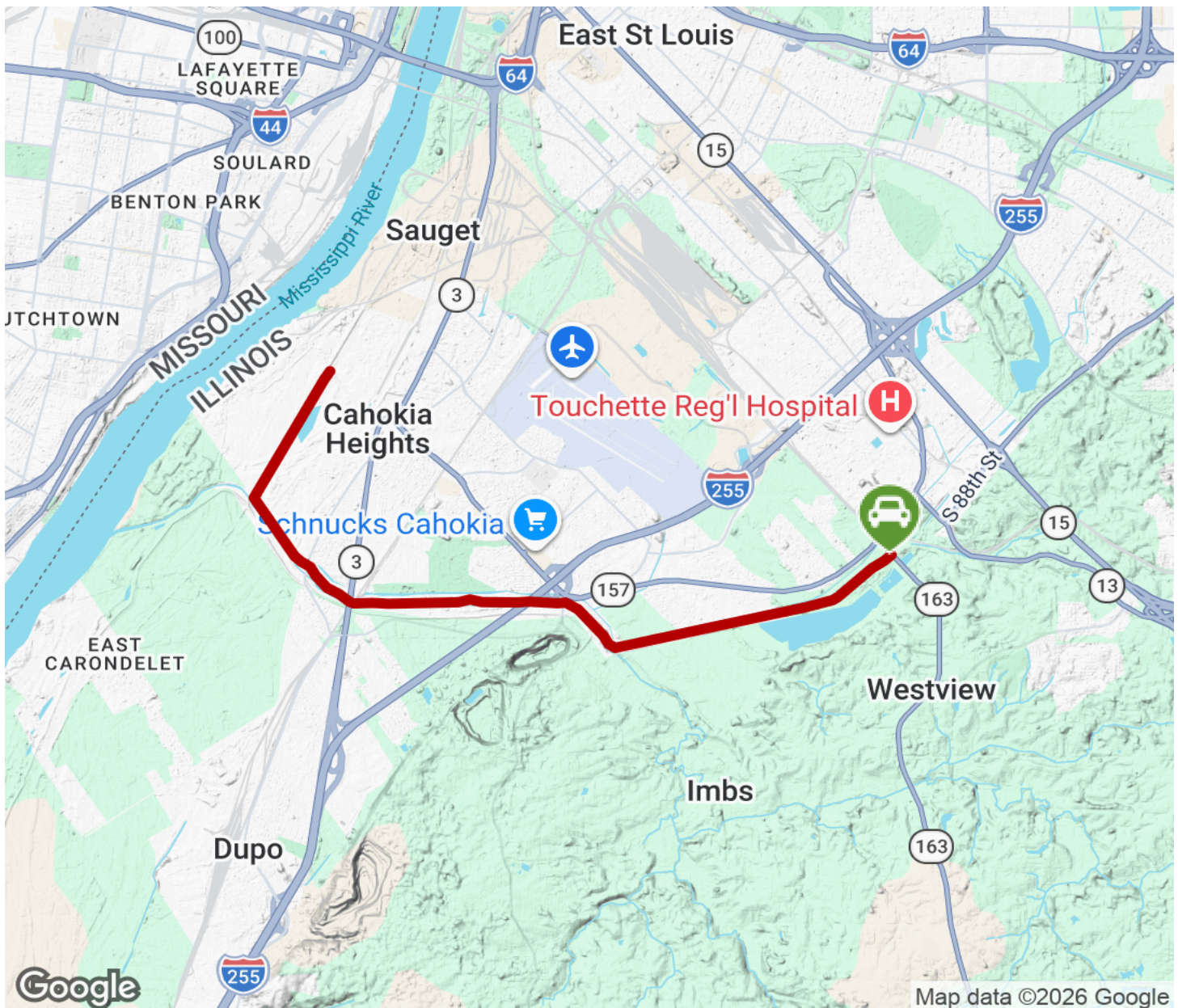
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Metro-East Levee Trail

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



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