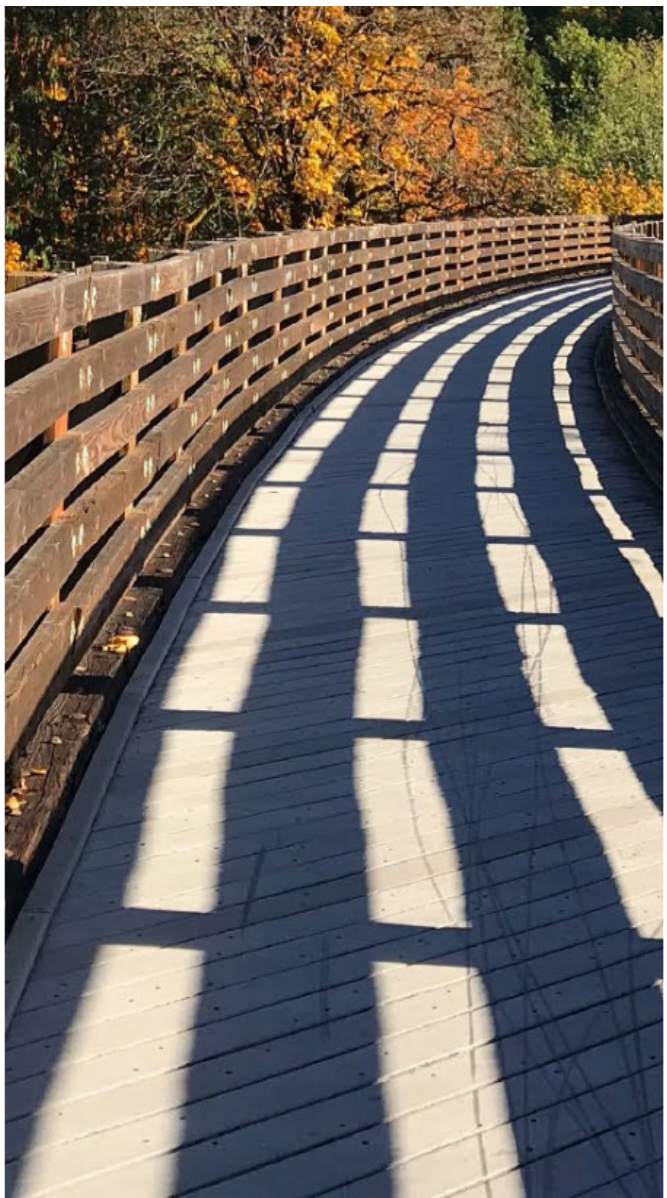
TrailLink
by Rails-to-Trails Conservancy

2025

TrailLink Unlimited

Guides



Pa'rus Trail

Utah

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The Pa’rus Trail provides an easy way to explore Zion National Park by bike. The paved, nearly 2-mile trail begins at the park's South Campground, just north of Springdale. From there, the trail heads north along the Virgin River and crosses Oak Creek and Pine Creek, so you can cool off in the water on hot summer days.

Along the way, the trail passes the park's visitor center and spur trails lead off to the Zion Human History Museum and the Zion Nature Center, all worth a stop for a richer understanding of this unique arid landscape.

Pa'rus Trail

Utah

States: Utah
Counties: Washington
Length: 1.6miles
Trail end points: Watchman Campground (Spingdale) to Highway 9 and Floor of the Valley Road (Zion National Park)
Trail surfaces: Asphalt
Trail category: Greenway/Non-RT
Trail activities: Bike,Inline Skating,Walking,Wheelchair Accessible

Parking & Trail Access

Parking is available in Zion Canyon National Park at the Zion Canyon Visitor Center and South Campground.

Pa'rus Trail

Utah

Trailhead Restroom Parking Water Fountain Tunnel