



2026

TrailLink Unlimited 

Guides



**Iowa River
Corridor Trail**
Iowa



Iowa River Corridor Trail

Iowa

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Meandering along the Iowa River through Iowa City and North Liberty, this trail offers residents and visitors alike with an invaluable off-road link between the two cities. Numerous offshoots of the trail in Iowa City provide connections to various destinations and make getting around the city an easier, more pleasant experience. The Iowa River Corridor Trail has several distinct segments and is sometimes more of a sidepath than a traditional multi-use trail, especially the northern end of the trail, but there's no better way to experience the numerous city parks and gorgeous river views on its route.

Starting in the south, the trail begins in the scenic, wooded Terry Trueblood Recreation Area, and heads north along the shady river shoreline through Napoleon Park, which offers parking and restrooms. The trail

continues north, hugging the river, and crosses Ralston Creek, where it turns to follow the creek for a short jaunt before crossing over the river at Benton Street. The trail continues without interruption for several miles along the western bank, heading through the sprawling and beautiful campus of the University of Iowa. Trail users may wish to cross back over the river via a pedestrian bridge and head south for a quick detour to check out the city's historic downtown district and the university's main library.

The trail heads north into City Park, a large and beautiful space that hosts a variety of recreational activities. Crossing Park Road, the trail continues next to Dubuque Street, gradually moving away from the river as it turns into a sidepath on Foster Road and heads west. Users can either continue on Foster Road through the Elks Lodge grounds and golf course to reach Crandic Park at the bend in the river or can turn onto Mackinaw Drive and head through a residential subdivision to pick up the trail along the river again and head into Waterworks Prairie Park.

At this point, the trail continues north on Dubuque Street, tracing the east edge of Waterworks Park and heading all the way into the suburb of North Liberty. This stretch may not be as scenic as the trail's beginnings, but it does provide a useful commuting route for residents. From there, the trail continues along Mehaffey Bridge Road and across the river to the east bank. After crossing the river, the trail comes to an end by the parking lot for the Sugar Bottom Campground (2192 Mehaffey Bridge Rd NE, Solon).

Along the route, the Iowa River Corridor Trail meets several other trails that offer connections and new adventures. Near the trail's northern end, several streets offer easy access to the [North Ridge Trail](#) and [Ranshaw Way Trail](#). Just north of Waterworks Prairie Park (2875 N Dubuque St), the trail connects with the [Oakdale Boulevard Trail](#) which in turn links to several shorter trails. Further south, trail connects with the [Clear Creek Trail](#) and the [Lower Finkbine Trail](#) along



Iowa River Corridor Trail

Iowa

States: Iowa

Counties: Johnson

Length: 18.2miles

Trail end points: Trueblood Recreation Area

(579 McCollister Blvd, Iowa City) to Mehaffey

Bridge Rd, just south of Sugar Bottom

Campground

Trail surfaces: Asphalt, Concrete

Trail category: Greenway/Non-RT

Trail activities: Bike, Walking, Wheelchair

Accessible

Parking & Trail Access

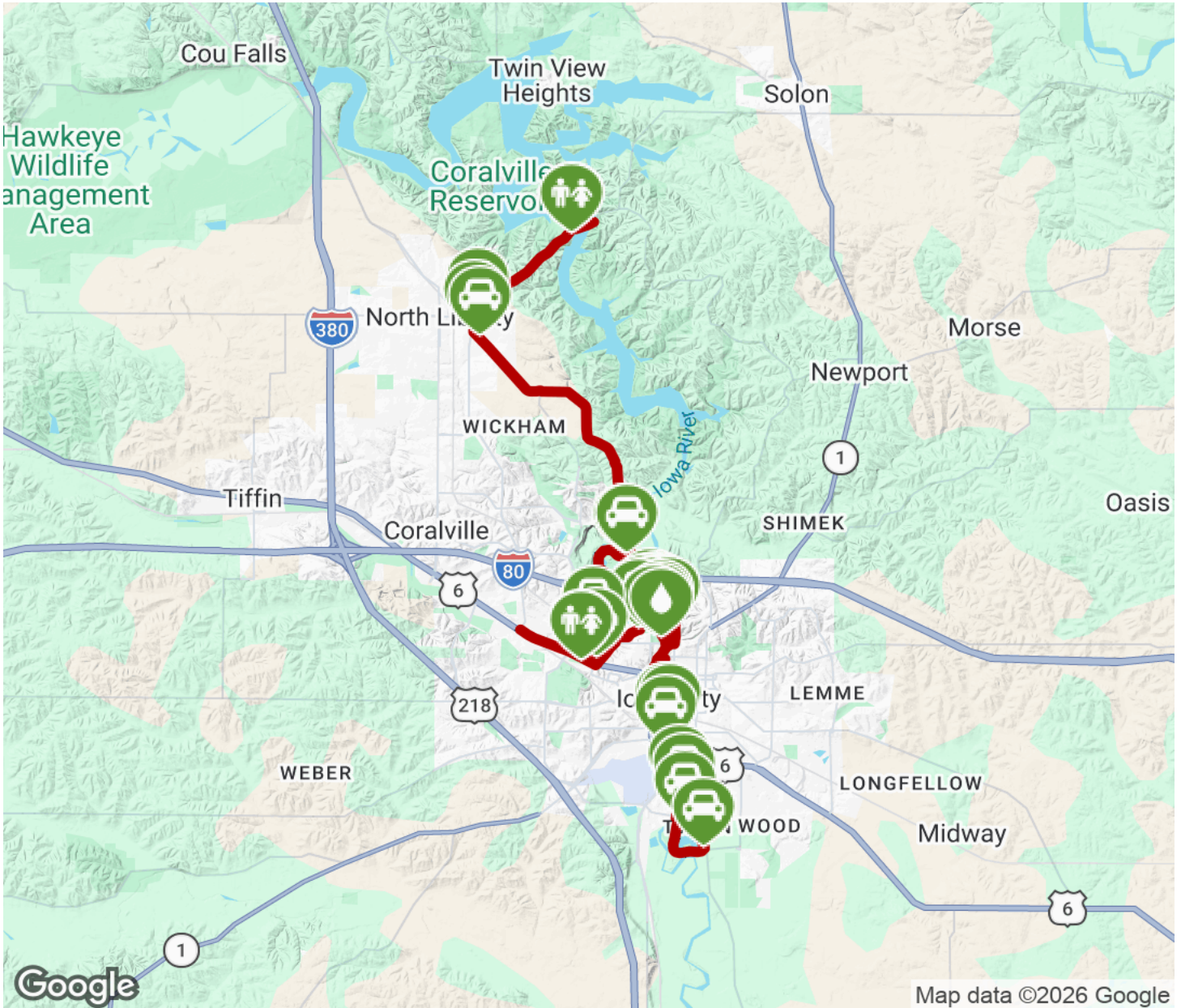
There is public transit along the trail. Refer to the [TrailLink map](#) to find the transit system for your area and closest transit stop for your adventure. The [Iowa City Transit](#) system operates along the middle and southern sections of the trail.

For those driving, parking is available at a number of locations along the trail. Visit the [TrailLink map](#) for all options and detailed directions. Free public parking lots include Napoleon Park (2501 S Gilbert St, Iowa City), City Park (200 E Park Rd), Ned Ashton Park (Benton St & Iowa River), Crandic Park (51 Rocky Shore Dr), Waterworks Prairie Park (2875 N Dubuque St), and Penn Meadows Park North (310 N Dubuque St, North Liberty).



Iowa River Corridor Trail

Iowa



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
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