



2026

TrailLink Unlimited 

Guides



**Rush Creek
Regional Trail**
Minnesota



Rush Creek Regional Trail

Minnesota

Rush Creek Regional Trail stretches 9.6 miles across forests and farmland, offering a convenient connection to some of Hennepin



back through residential developments. The trail terminates at the Elm Creek Park Reserve in Maple Grove. Here the trail links to other trails including the Medicine Lake Regional Trail.

Rush Creek Regional Trail stretches 9.6 miles across forests and farmland, offering a convenient connection to some of Hennepin County's most interesting parks. The path is smooth, wide and mostly flat along its length, with plenty of signage, making it welcoming for a variety of users. Early morning rides are best if you're hoping to encounter wildlife. The trail begins at Coon Rapids Park, along the western banks of the Mississippi, and heads west. The paved pathway cuts through residential neighborhoods before dipping to cross underneath Douglas Drive (County Road 102). Tree plantings shield the trail, giving it a remote feel even in the middle of suburban Brooklyn Park. On the other side of the roadway, the landscape then morphs into farmland which continues after it traverses Highway 169 (US 169), until it hits Jefferson Highway, after which it's a brief journey



Rush Creek Regional Trail

Minnesota

States: Minnesota

Counties: Hennepin

Length: 9.64miles

Trail end points: Elm creek Park Reserve off of Fernbrook Lane N., 0.7 miles north of County Road 81 (Maple Grove) to W. River Road, 0.5 mile north of 98th Avenue N. (Brooklyn Park)

Trail surfaces: Asphalt

Trail category: Greenway/Non-RT

Trail activities: Bike,Inline Skating,Walking

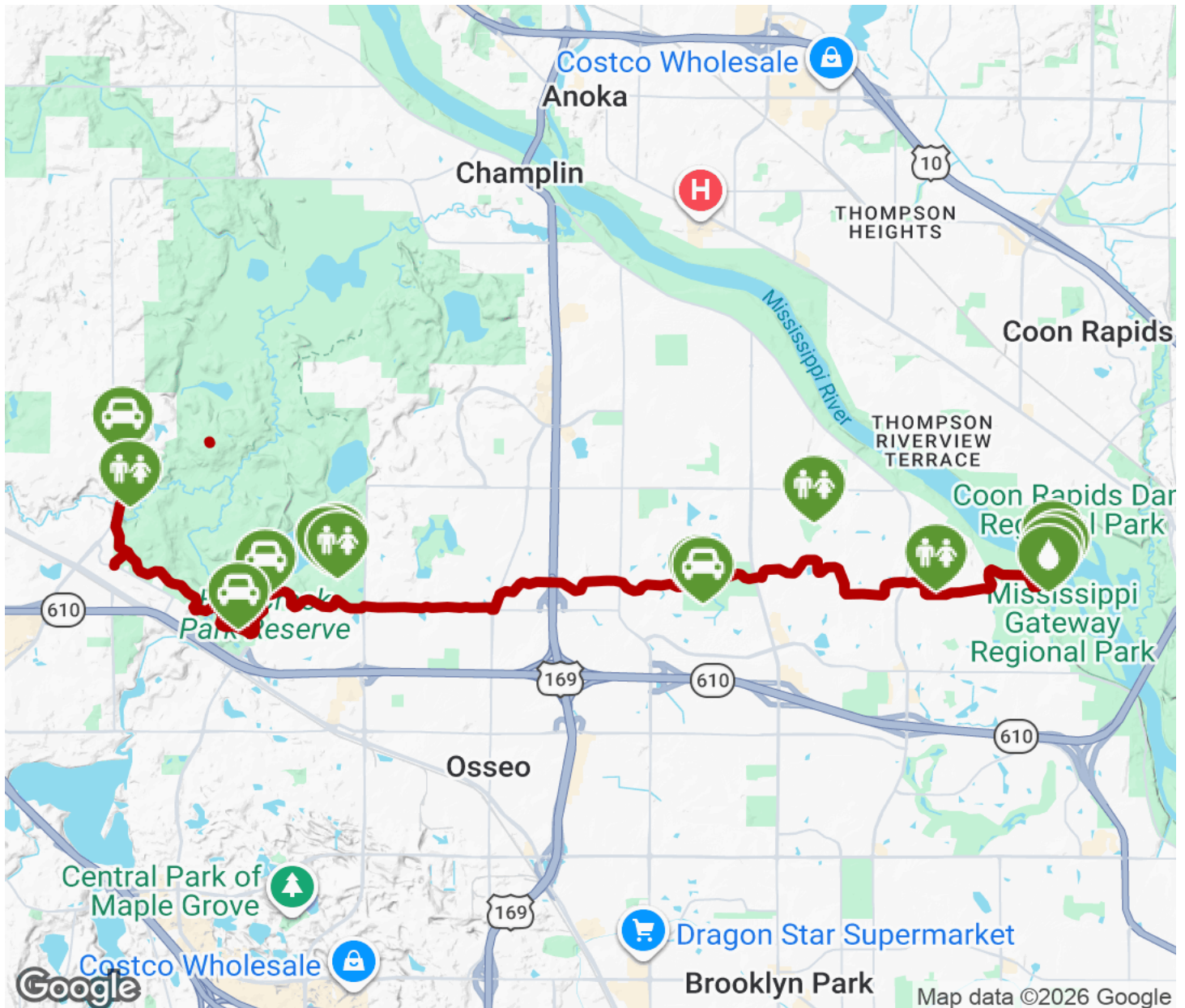
Parking & Trail Access

The trail can be accessed at numerous points along its route via neighborhood trail connections. Parking and other amenities including picnic areas, restrooms and drinking fountains are available at the respective trailheads at Coon Rapids Dam Park (10360 W. River Rd., Brooklyn Park) and Elm Creek Park Reserve (12400 James Deane Parkway, Maple Grove).



Rush Creek Regional Trail

Minnesota



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com