



2026

TrailLink Unlimited 

Guides   



**144th Street
Trail**
Nebraska



144th Street Trail

Nebraska

This trail is an 8-mile long winding pathway stretching from north to south along 144th Street (State Route 50). It is an important route



dips. While there is greenery all around, much of the trail is not shaded so users should be dress appropriately and stay hydrated, especially in the sunny summer months.

This trail is an 8-mile long winding pathway stretching from north to south along 144th Street (State Route 50). It is an important route for both recreation and transportation, providing safe connections to schools, businesses and residential neighborhoods. It also connects residents of these western Omaha neighborhoods to valuable open spaces, like Standing Bear Lake, with its own [walking and biking loop](#); and the Wehrspann Lake and Chalco Hills Recreation Area, with an additional [6 miles of multipurpose pathway](#), aside from other recreation opportunities like fishing, picnicking and flying radio-controlled airplanes.

For those seeking a challenge, the 144th Street trail provides it through its topography. The trail follows the grade of the roadway, including all its demanding lifts and



144th Street Trail

Nebraska

States: Nebraska

Counties: Douglas

Length: 8.5miles

Trail end points: Standing Bear Lake to Chalco Hills Recreation Area Interstate 80 & 144th Street

Trail surfaces: Asphalt,Concrete

Trail category: Greenway/Non-RT

Trail activities: Bike,Fishing,Inline Skating,Walking,Wheelchair Accessible

Parking & Trail Access

There are trailheads with parking at Standing Bear Lake (6404 North 132nd Street); Millard North High School (144th and Pacific Streets) and Wehrspann Lake and Chalco Hills Recreation Area (154th and Giles Road). Parking along the west side of Standing Bear Recreation area is convenient if starting at the north end; Parking along the north or west side of Chalco Hills Recreation Area would be suggested if starting at the south end. Water fountains and restrooms are available at both of these parks.

Additional parking can be found at any of the commercial areas along the trail.



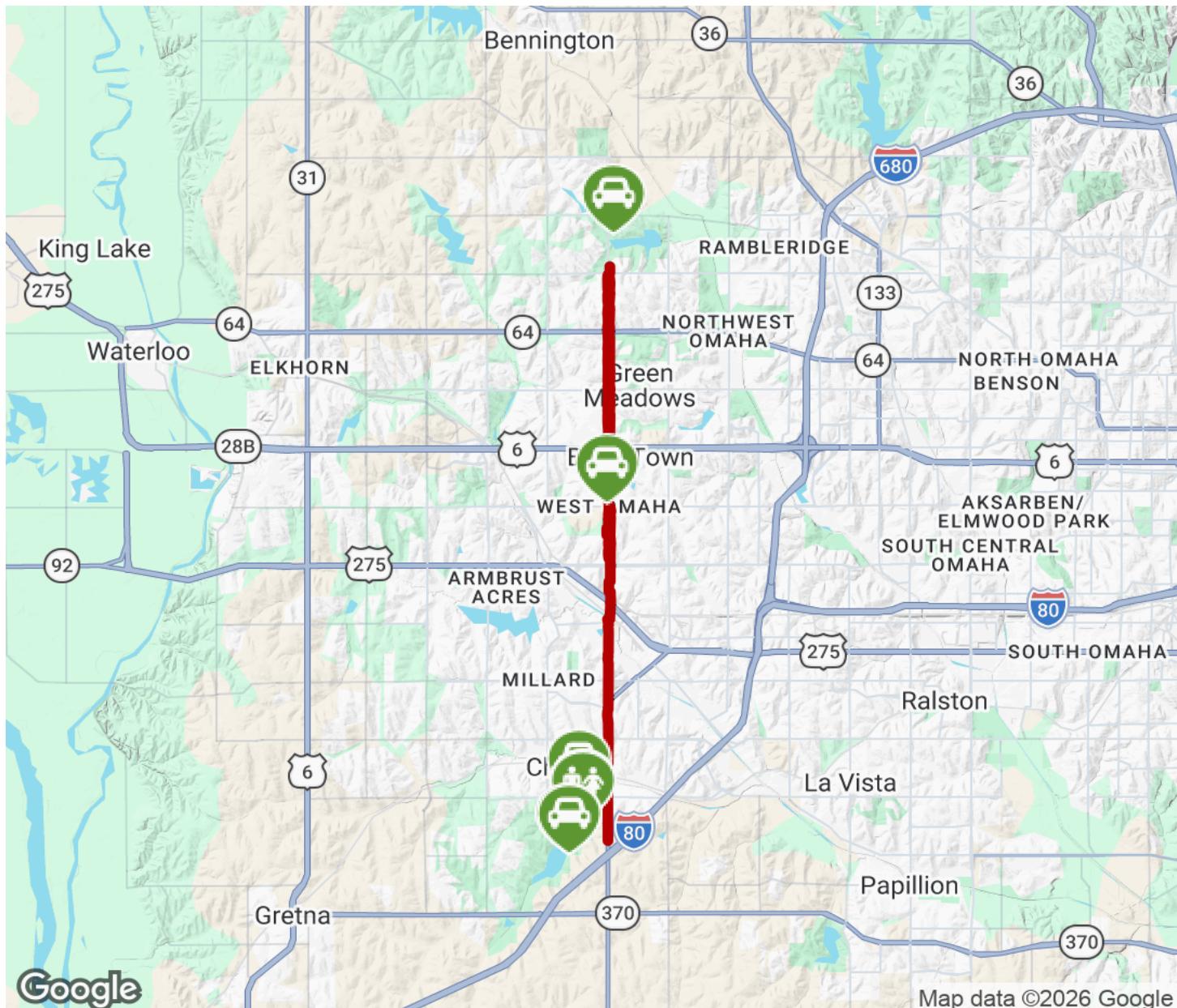
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144th Street Trail

Nebraska



Trailhead



Restroom



Parking



Water Fountain



Tunnel



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[TrailLink.com](https://www.TrailLink.com)