



2026

TrailLink Unlimited



Guides



Kruidenier Trail

Iowa



Kruidenier Trail

Iowa

The Kruidenier Trail cuts through beautifully landscaped areas around Gray's Lake and leads you into downtown Des Moines. The



other urban trails.

The Kruidenier Trail cuts through beautifully landscaped areas around Gray's Lake and leads you into downtown Des Moines. The park offers a permanent on-site bike rental facility, restrooms, and a concession store, which includes rentals for canoeing, paddle boating, and other outdoor activities. (If you are seeking other options for bike rentals, Des Moines has a bike share-program; there are several kiosks located throughout the downtown area.) The area is also a great place for bird watching—you may even catch a bald eagle passing over the trail!

Starting your journey in the park and around the lake, the trail offers a flat, asphalt surface. Once out of the park, the trail surface switches to a wide, smooth concrete sidewalk as it heads towards downtown along Martin Luther King Jr. Parkway. The trail splits into spurs that connect to



Kruidenier Trail

Iowa

States: Iowa

Counties: Polk

Length: 1.9miles

Trail end points: Fleur Drive to Thomas Beck
Road

Trail surfaces: Asphalt, Concrete

Trail category: Greenway/Non-RT

Trail activities: Bike, Inline

Skating, Walking, Wheelchair Accessible

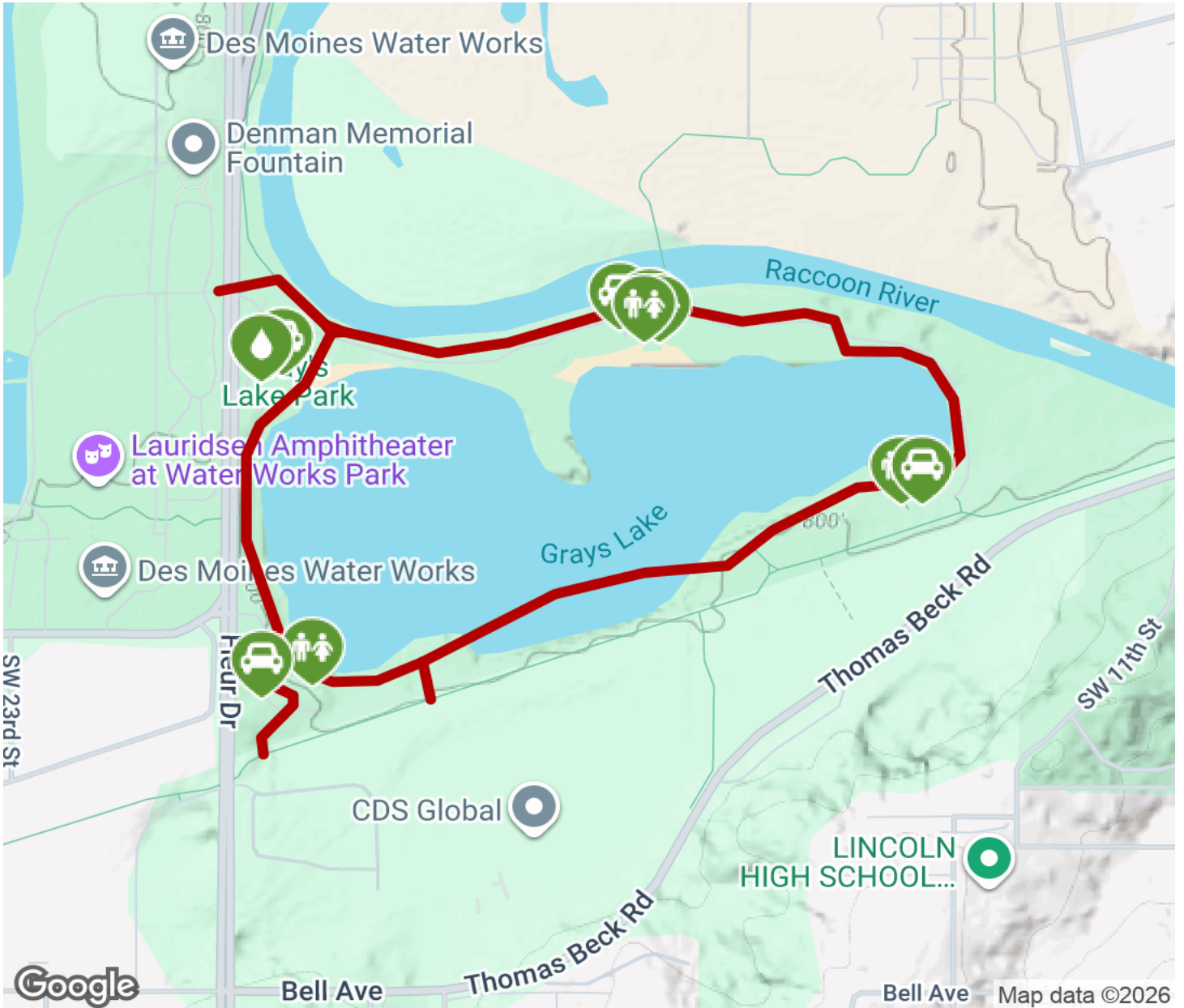
Parking & Trail Access

The Kruidenier Trail is located 2 miles north of Des Moines International Airport on Fleur Drive, heading north towards downtown. The park is located on the right-hand side of the street. Look for a sign marked "Gray's Lake Park entrance." Park near the concession building and pick up the trail from there.



Kruidenier Trail

Iowa



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com