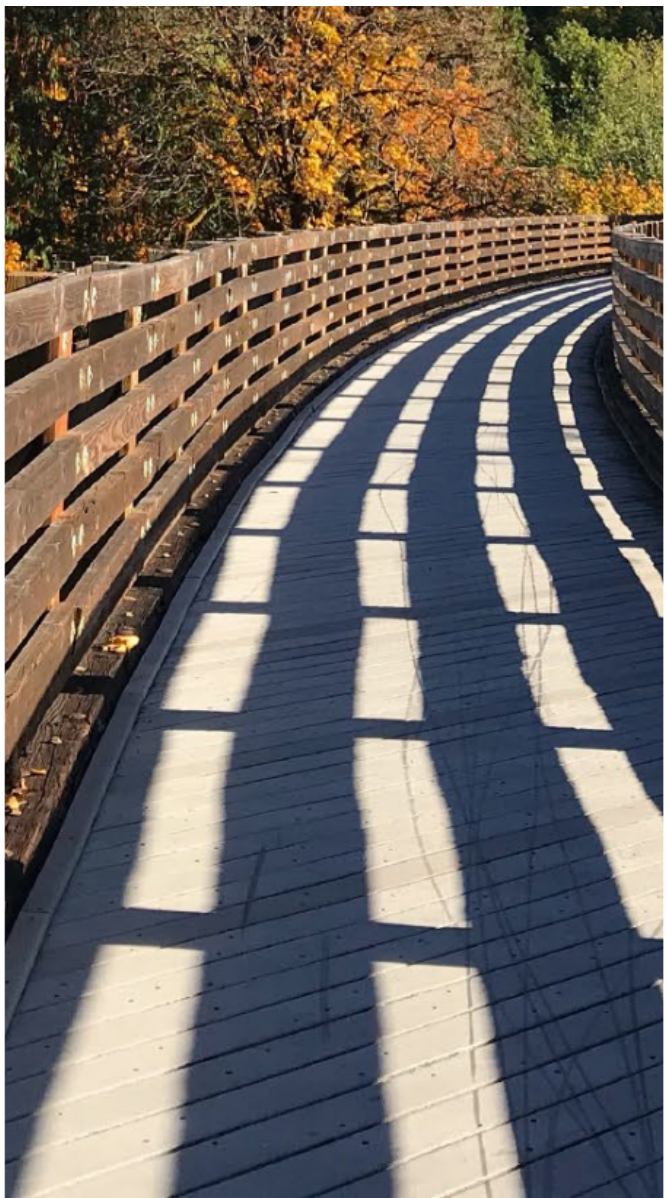
TrailLink
by Rails-to-Trails Conservancy

2025

TrailLink Unlimited

Guides



Bayside Trail

Maine

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Portland's Bayside Trail packs a lot into its 1-mile length. The paved pathway provides a pleasant route between commercial and residential areas in the Bayside and East Bayside neighborhoods. Once an industrialized corridor for the Union Branch Railroad, you'll now find pocket parks, meadows, and gardens.

The rail-trail also skirts the beautifully landscaped grounds of Loring Memorial Park, a tribute to a local fighter pilot. Take a spur trail into the park, where you'll find four, 9-foot-tall granite pillars engraved with the words: spirit, integrity, presence, and heart.

Near Turkey Bridge, on the trail's north end, you can connect to both the Back Cove Trail and Eastern Promenade Trail. History buffs will especially like the latter, which whisks travelers to a railroad museum and Fort Gorges, which was active during the Civil and Spanish-American wars.

Bayside Trail

Maine

States: Maine
Counties: Cumberland
Length: 1miles
Trail end points: Elm St. to Turkey Bridge
Trail surfaces: Asphalt
Trail category: Rail-Trail
Trail activities: Bike,Inline Skating,Wheelchair Accessible,Walking

Parking & Trail Access

Parking is available near the north end of the trail in Loring Memorial Park (455 Eastern Promenade).

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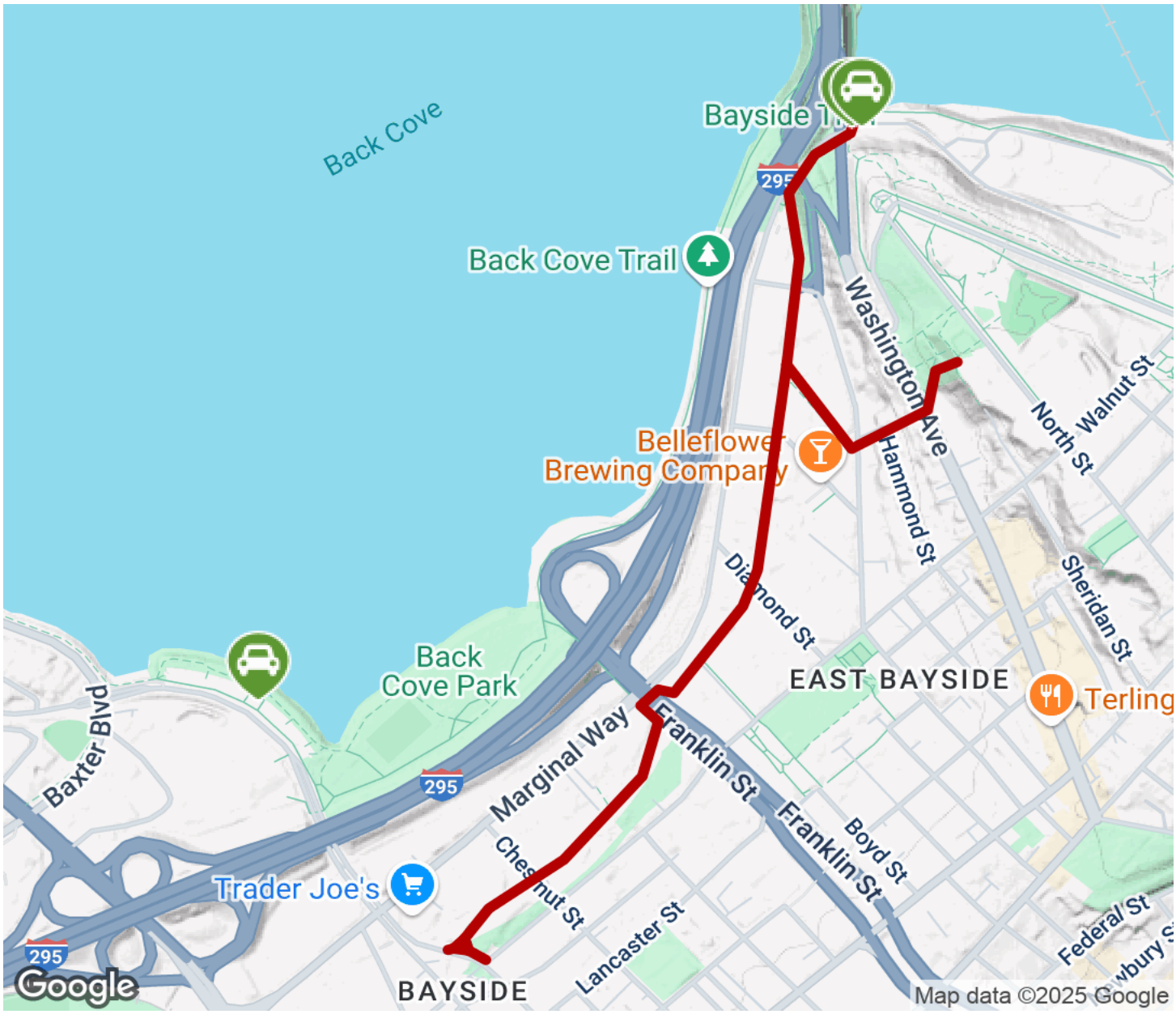

Trailhead Restroom Parking Water Fountain Tunnel

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