



2026

TrailLink Unlimited 

Guides   



Bayside Trail
Maine



Bayside Trail

Maine

Portland's Bayside Trail packs a lot into its 1-mile length. The paved pathway provides a pleasant route between commercial and



latter, which whisks travelers to a railroad museum and Fort Gorges, which was active during the Civil and Spanish-American wars.

Portland's Bayside Trail packs a lot into its 1-mile length. The paved pathway provides a pleasant route between commercial and residential areas in the Bayside and East Bayside neighborhoods. Once an industrialized corridor for the Union Branch Railroad, you'll now find pocket parks, meadows, and gardens.

The rail-trail also skirts the beautifully landscaped grounds of Loring Memorial Park, a tribute to a local fighter pilot. Take a spur trail into the park, where you'll find four, 9-foot-tall granite pillars engraved with the words: spirit, integrity, presence, and heart.

Near Turkey Bridge, on the trail's north end, you can connect to both the [Back Cove Trail](#) and [Eastern Promenade Trail](#). History buffs will especially like the



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com



Bayside Trail

Maine

States: Maine

Counties: Cumberland

Length: 1miles

Trail end points: Elm St. to Turkey Bridge

Trail surfaces: Asphalt

Trail category: Rail-Trail

Trail activities: Bike,Inline

Skating,Walking,Wheelchair Accessible

Parking & Trail Access

Parking is available near the north end of the trail in Loring Memorial Park (455 Eastern Promenade).



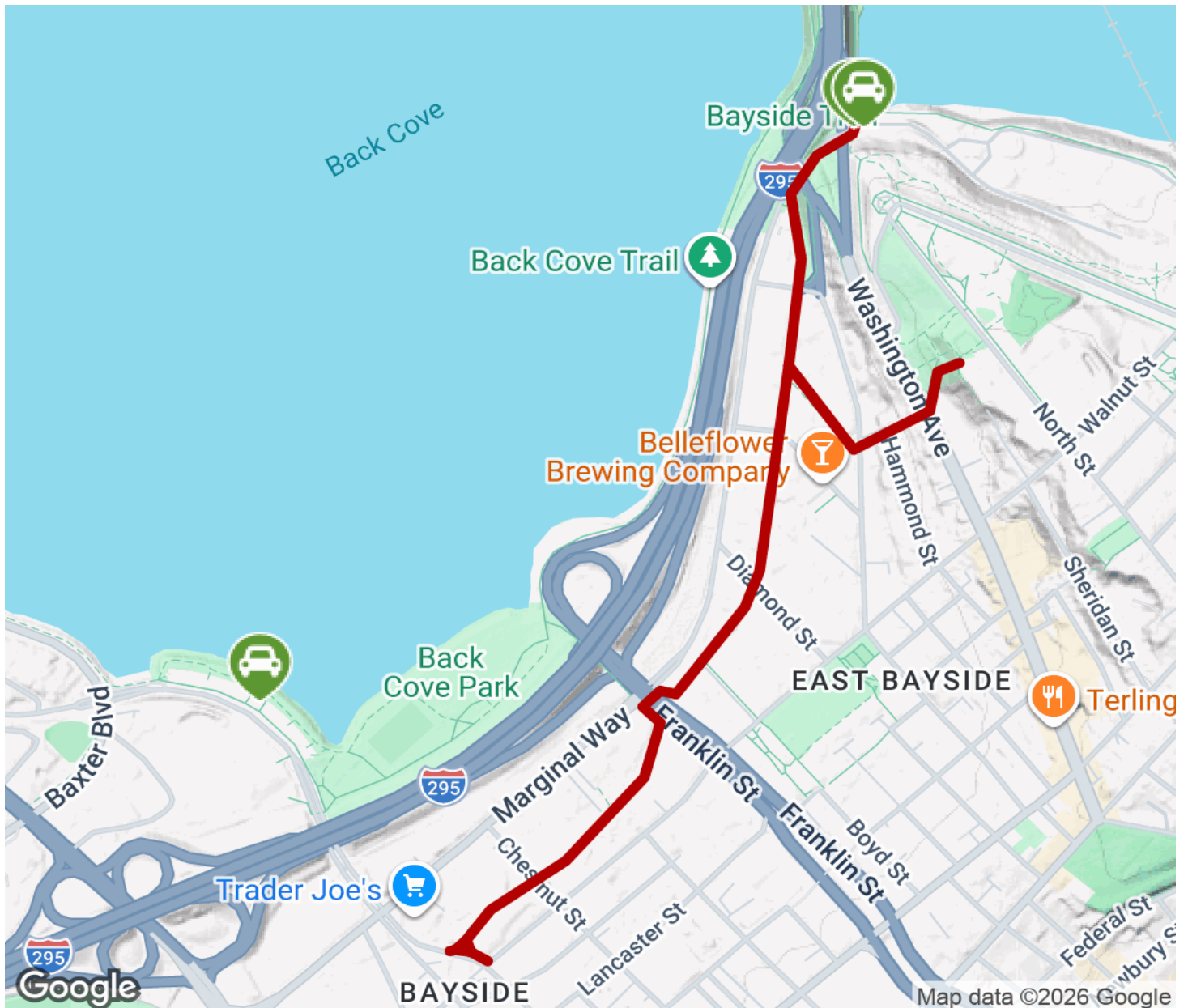
TrailLink
by Rails-to-Trails Conservancy

TrailLink.com



Bayside Trail

Maine



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com