



2026

TrailLink Unlimited 

Guides



**Lake Merced
Loop (San
Francisco)**
California



Lake Merced Loop (San Francisco)

California

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This 4.5-mile paved trail encircles Lake Merced in southwestern San Francisco. The western leg of the loop is also referred to as the Lake Merced Measured Mile and is part of a larger, regional effort called Bay Area Ridge Trail. Along the route you'll have views of this picturesque freshwater lake, which is popular with boaters and fisherman, and pass through Harding Park.



Lake Merced Loop (San Francisco)

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States: California

Counties: San Francisco

Length: 4.5miles

Trail end points: Sunset Blvd. to Lake Merced Blvd.

Trail surfaces: Asphalt

Trail category: Greenway/Non-RT

Trail activities: Bike, Fishing, Inline Skating, Walking, Wheelchair Accessible

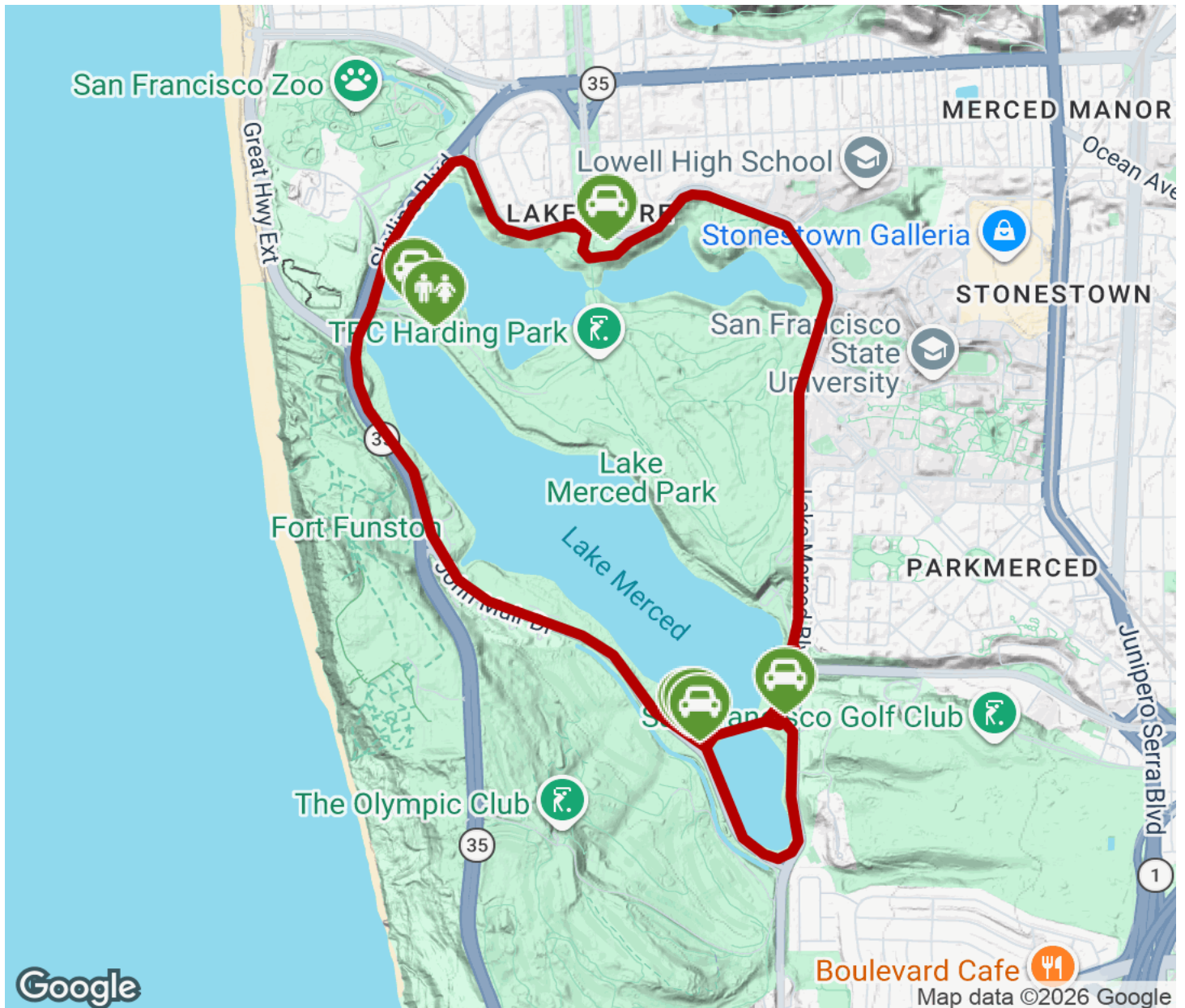
Parking & Trail Access

Parking and restrooms are available at the southern end of the loop off John Muir Drive at the Lake Merced Bridge. On the north end of the loop, parking is available at Sunset Boulevard and also at the lake's boathouse.



Lake Merced Loop (San Francisco)

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

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