



2026

TrailLink Unlimited 

Guides   



**West Foss
Farm Trail**
New Hampshire



West Foss Farm Trail

New Hampshire

The 83 acre West Foss Farm is one of the properties owned by the University of New Hampshire, Durham. The property was



The 83 acre West Foss Farm is one of the properties owned by the University of New Hampshire, Durham. The property was purchased from the Boston & Maine Railroad company, and features a 1.6 stretch of rail-trail that starts at Mill Road and runs south. The farm is a popular recreation spot both for the UNH community, as well as members of the public. Most kinds of low impact, non-motorized uses are allowed, including mountain biking (even though it's not encouraged). The farm also serves as an outdoor classroom, a space for education and research for students of the life sciences.



West Foss Farm Trail

New Hampshire

States: New Hampshire

Counties: Strafford

Length: 1.6 miles

Trail end points: Mill Road to West Foss Farm

Trail surfaces: Dirt

Trail category: Rail-Trail

Trail activities: Bike, Mountain

Biking, Walking

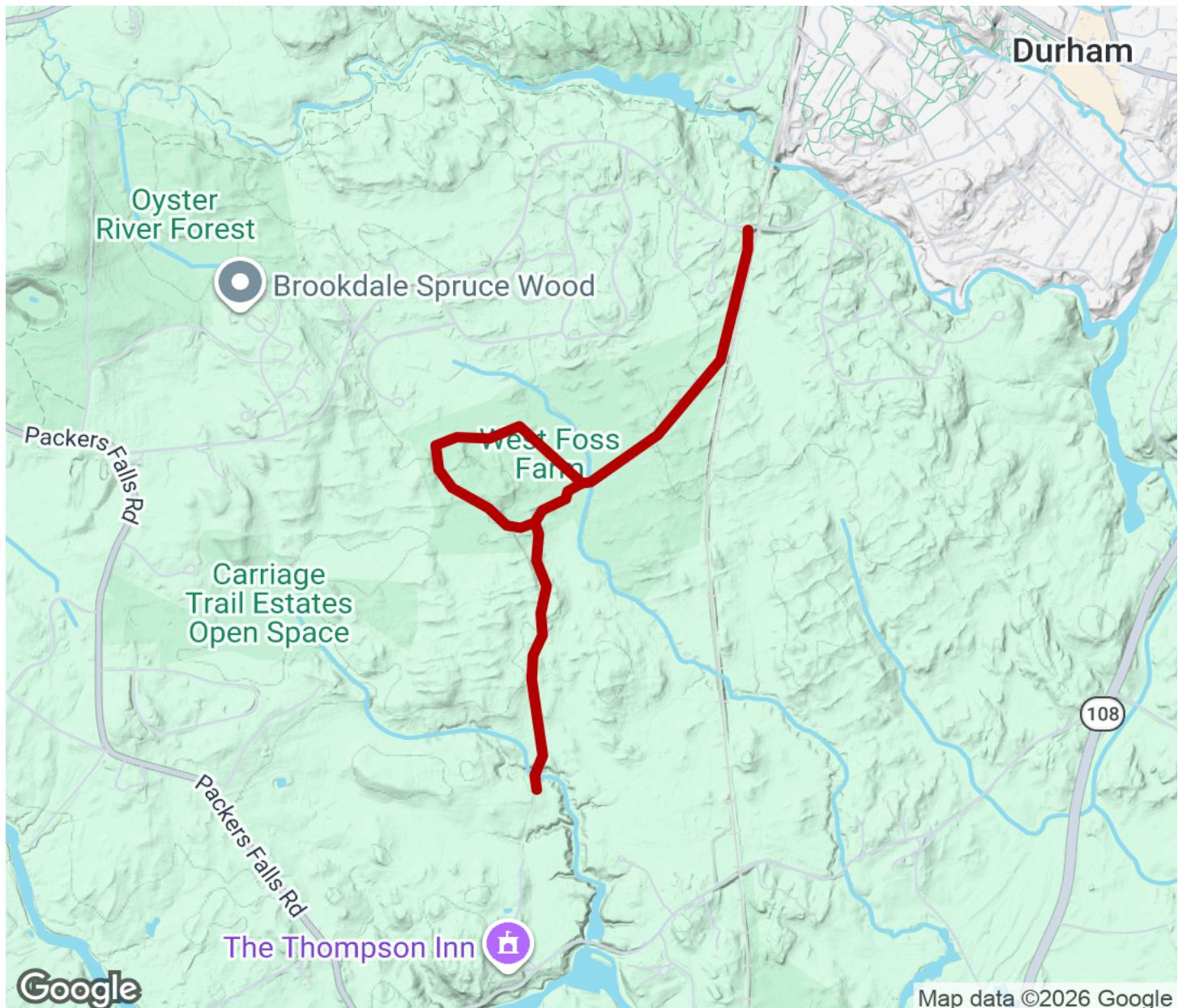
Parking & Trail Access

There is no designated parking for this trail. Beginning on the east side of campus, on Mill Road, head west (away from Main Street) until you get to the overpass above the existing railroad. Take the immediate left, that dirt road leads to the West Foss Farm gate.



West Foss Farm Trail

New Hampshire



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

[TrailLink.com](https://www.TrailLink.com)