



2026

TrailLink Unlimited 

Guides



Zumbro South Trail

Minnesota



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Offering nearly 10 miles of paved pathway through Rochester, the Zumbro South Trail serves as both an important transportation route and recreational destination. As the western end of the trail reaches the historical and beautiful Mayowood estate, the pathway is sometimes also referred to as the Mayowood Trail.

Scenic views abound as the trail follows the lushly wooded Zumbro River and skirts around a handful of lakes. As the trail approaches the city center, you'll see more housing, commercial areas and a large golf course at Soldiers Field. At its northern end, you'll have access to Mayo Park, Mayo Civic Center and the Rochester Art Center.



TrailLink
by Rails-to-Trails Conservancy

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Zumbro South Trail

Minnesota

States: Minnesota

Counties: Olmsted

Length: 6.5miles

Trail end points: Mayowood Rd. SW and Salem Rd. SW to Mayo Park

Trail surfaces: Asphalt

Trail category: Greenway/Non-RT

Trail activities: Bike, Inline

Skating, Walking, Wheelchair Accessible

Parking & Trail Access

Parking is available at the John Withers Sport Complex (2021 Mayowood Rd. SW) and Soldiers Memorial Field (244 Soldiers Field Dr. SW).



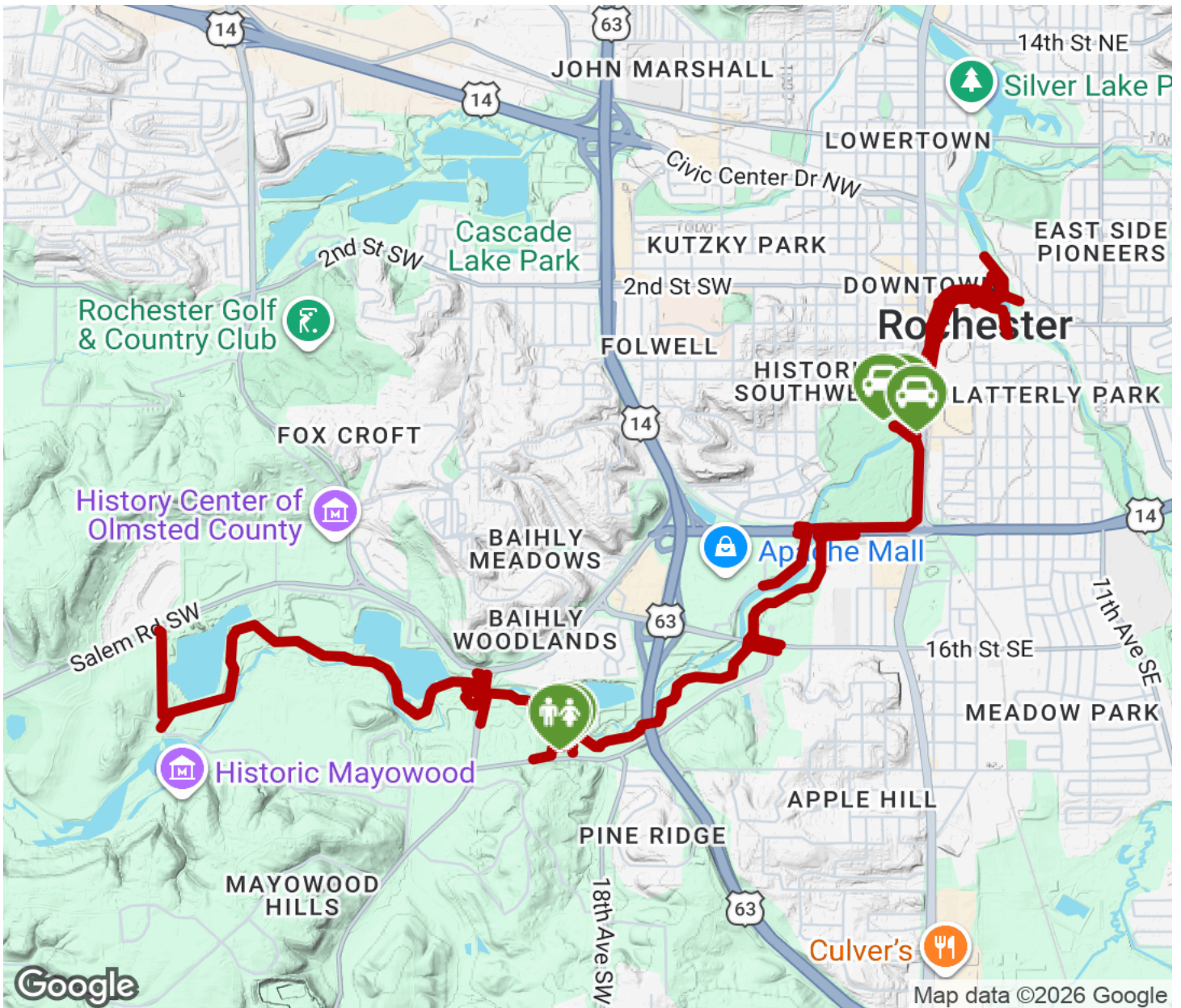
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Zumbro South Trail

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



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