



2024

TrailLink Unlimited 

Guides



**Farmington  
Canal  
Heritage Trail**  
*Connecticut*



# Farmington Canal Heritage Trail

Connecticut

*Overview First a canal, then a railroad, and now a trail defines the history of the Farmington Canal Heritage Trail. Completed*



## Overview

First a canal, then a railroad, and now a trail defines the history of the Farmington Canal Heritage Trail. Completed segments span Connecticut south to north, from New Haven to the Massachusetts border, for nearly 50 miles. A multiyear work in progress with only a couple of gaps remaining, the trail will total 57 miles when finished.

**Northern Section: Connecticut–Massachusetts State Line to Plainville**

Starting from the trail's southern endpoint at the CT/MA Line, the trail heads south for 10.3 miles through farms and forests to the state line. Along the way, the trail

passes pockets of residential and commercial development.

Heading into Simsbury, trail users are treated to the Simsbury Railroad Depot, built in 1875, it's a restaurant now. From Simsbury, the trail continues south for 4.2 miles through light industrial parks. Just north of Avon, the trail takes a 1.8-mile detour on sidewalks through the town center. South of Avon, the trail re-enters hardwood forests.

After passing through Simsbury, there is a large gap in the trail through Plainville.

**Southern Section: Southington to New Haven**

In Southington, just south of the gap in the trail, trail users can learn more about the historical canal at the Lock 12 Historical Park in Cheshire and at Southington Train Depot and Museum, circa. 1890, just past Meriden-Waterbury Turnpike/CT 322 in Southington.

As the trail enters the Mount Carmel Neighborhood, it also passes Sleeping Giant State Park which features a rocky outcropping and summit observation tower, which some claim to appear the park's namesake sleeping giant.

South of Sleeping Giant State Park, the trail heads into the green space surrounding Lake Whitney, that covers nearly 3 miles. Yale University anchors the trail's southern terminus, with easiest access off Hillhouse Avenue.

**Connections**

At the trail's northern end, the Farmington Canal Trail becomes the [Southwick Rail Trail](#).

The Farmington Canal Trail connects to both ends of the [Farmington River Trail](#), in Unionville and Simsbury.



# Farmington Canal Heritage Trail

Connecticut

**States:** Connecticut

**Counties:** Hartford, New Haven

Length: 47.6 miles

**Trail end points:** CT/MA State Line  
(Southwick) to Temple St. (New Haven)

**Trail surfaces:** Asphalt

**Trail category:** Rail-Trail

**Trail activities:** Bike, Inline

Skating, Fishing, Wheelchair

Accessible, Walking, Cross Country Skiing

## Parking & Trail Access

The Farmington Canal Trail runs between the CT/MA State Line (Southwick) and Temple St. (New Haven).

Parking is available at:

- 16 Railroad St (Simsbury)
- 45 Northwest Dr (Plainsville)
- 83 W Main St (Plantsville)

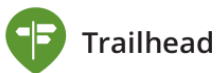
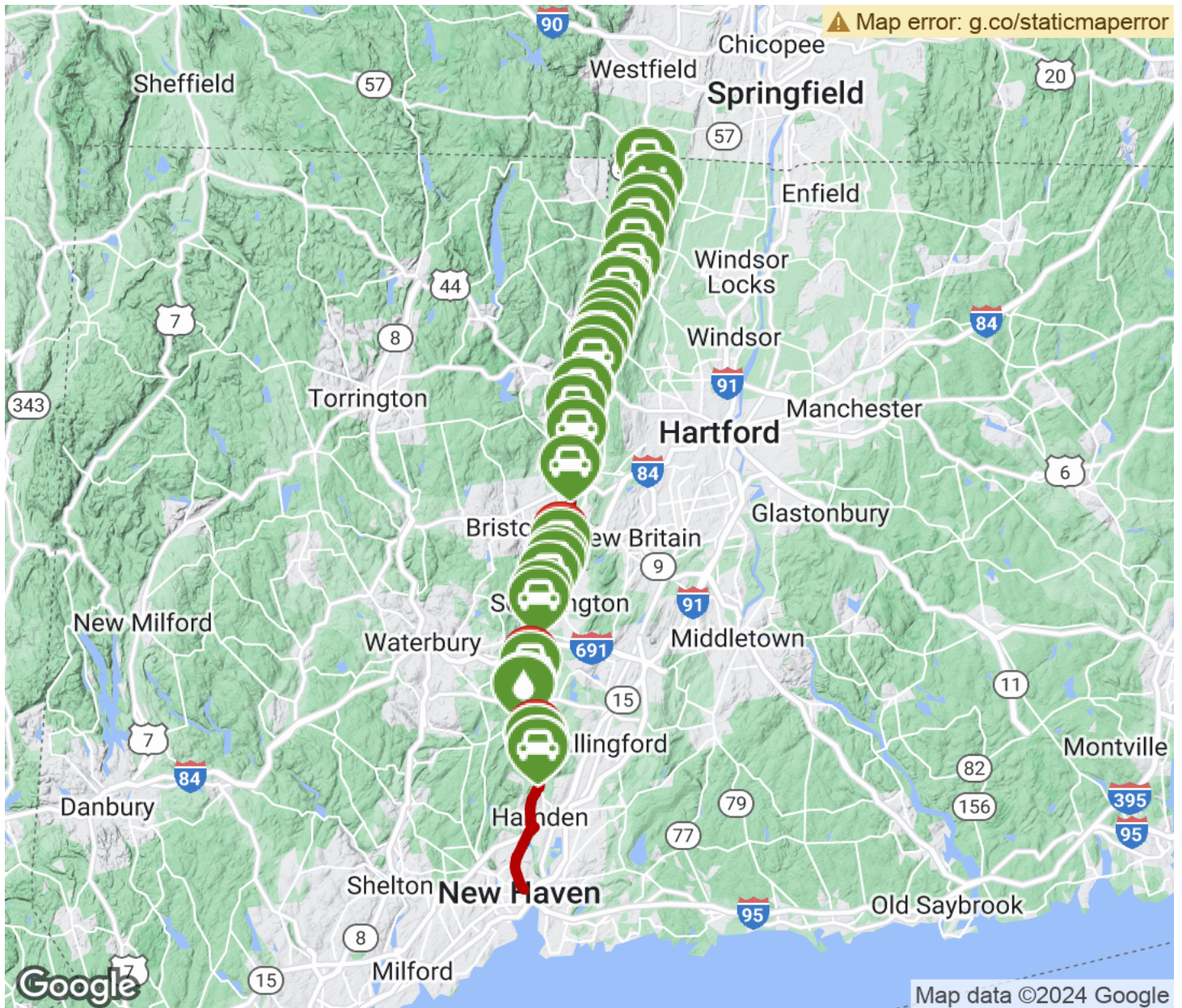
There are numerous parking options along the trail, see [TrailLink Map](#) for all parking options and detailed directions.





# Farmington Canal Heritage Trail

Connecticut



Trailhead



Restroom



Parking



Water Fountain



Tunnel



**TrailLink**  
by Rails-to-Trails Conservancy

**TrailLink.com**