



2024

TrailLink Unlimited



Guides



## West Essex Trail

*New Jersey*



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The West Essex Trail follows a short distance (just under 3 miles) of the former rail bed of the Caldwell Branch on the old Erie-Lackawanna Railroad. The trail runs between the Essex-Passiac county line in Little Falls and Arnold Way in Verona. The trail crosses a trestle over the Peckman River and also passes by a shuttered psychiatric hospital, which housed patients in the late 19th to early 20th century. The property is now a conservation easement.



# West Essex Trail

*New Jersey*

**States:** New Jersey

**Counties:** Essex

Length: 2.84miles

**Trail end points:** Essex-Passaic County Line  
(Cedar Grove) to Arnold Way (Verona)

**Trail surfaces:** Cinder,Gravel

**Trail category:** Rail-Trail

**Trail activities:** Bike,Mountain

Biking,Walking,Cross Country Skiing

## Parking & Trail Access

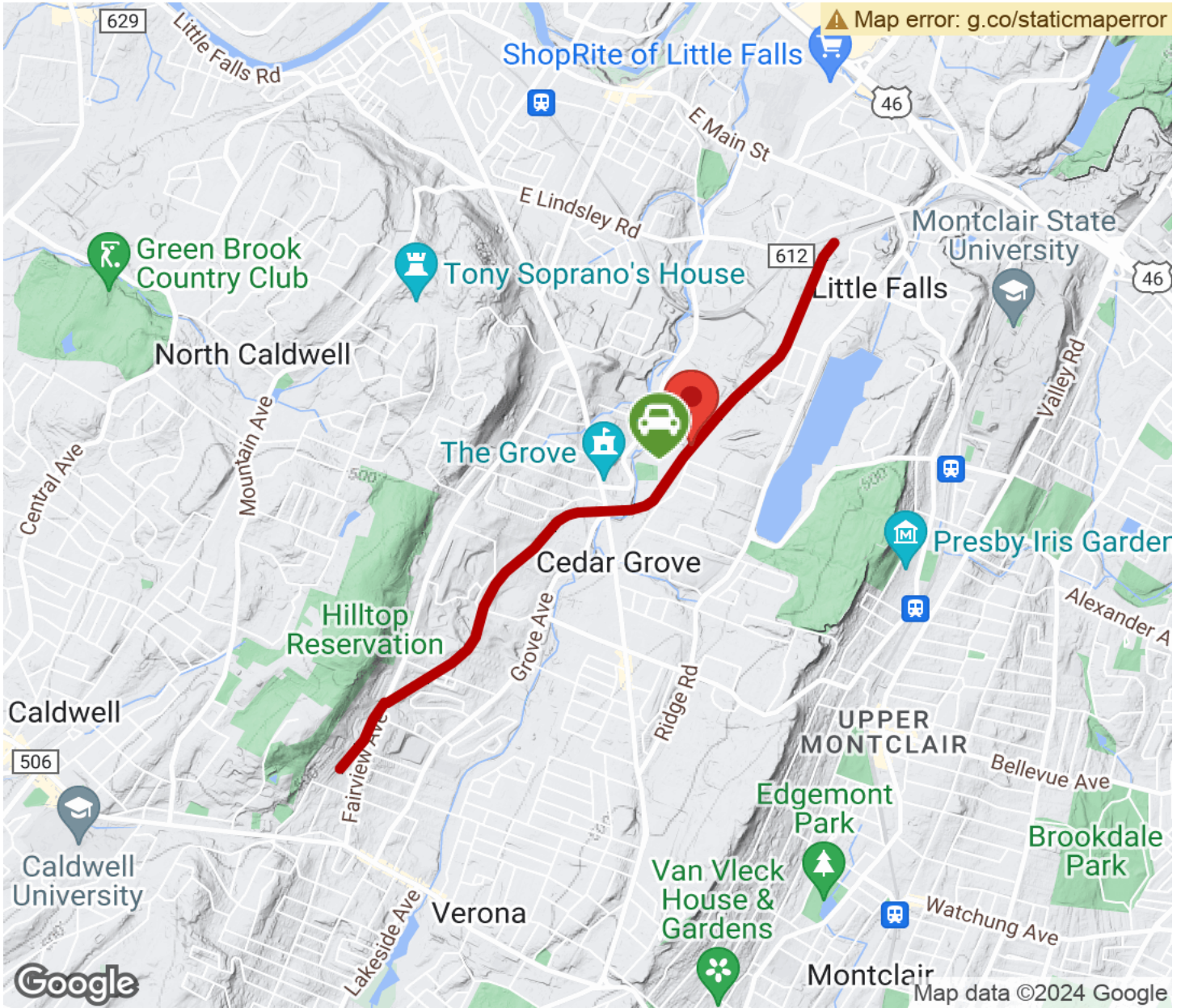
The best access to the West Essex Trail is from near Verona High School, 151 Fairview Avenue. Take Route 280 to Exit 7/ Pleasant Valley Way and turn right. Turn left onto Bloomfield Avenue then right onto Fairview Avenue. The Trail crosses Fairview at Verona High School.

From New York, take the George Washington Bridge or Lincoln Tunnel to the New Jersey Turnpike South. Take Exit 15W for Route 280 West and proceed with the above directions.



# West Essex Trail

New Jersey



Trailhead



Restroom



Parking



Water Fountain



Tunnel



**TrailLink**  
by Rails-to-Trails Conservancy

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