



2024

TrailLink Unlimited



Guides



**Hook  
Mountain/  
Nyack Beach  
Bikeway**  
*New York*



## Hook Mountain/Nyack Beach Bikeway

New York

*While not a "rail-trail," the Hook Mountain/Nyack Beach Bikeway is a very scenic trail along the Hudson River in Rockland County.*



formations are available from either trail segment.

If you live in the Rockland County area this trail shouldn't be missed.

While not a "rail-trail," the Hook Mountain/Nyack Beach Bikeway is a very scenic trail along the Hudson River in Rockland County.

The southern half of this trail is flat and runs right along the river at sea level. It is wheelchair accessible from the parking lot at Nyack Beach State Park and even beginner bicyclists can easily travel on it. There is a paved connection to the Rockland Lake State Park area from this trail.

The northern half of the trail is hilly, narrow and quite rocky. It runs along the cliffs and should only be ridden by experienced bicyclists riding bikes in good condition.

Great views of the Hudson River and Palisades Cliffs rock



# Hook Mountain/Nyack Beach Bikeway

New York

**States:** New York

**Counties:** Rockland

Length: 4.9 miles

**Trail end points:** Nyack Beach State Park to  
Hook Mountain Haverstraw

**Trail surfaces:** Asphalt, Ballast, Crushed  
Stone, Dirt, Gravel

**Trail category:** Greenway/Non-RT

**Trail activities:** Bike, Wheelchair

Accessible, Horseback Riding, Mountain  
Biking, Walking, Cross Country Skiing

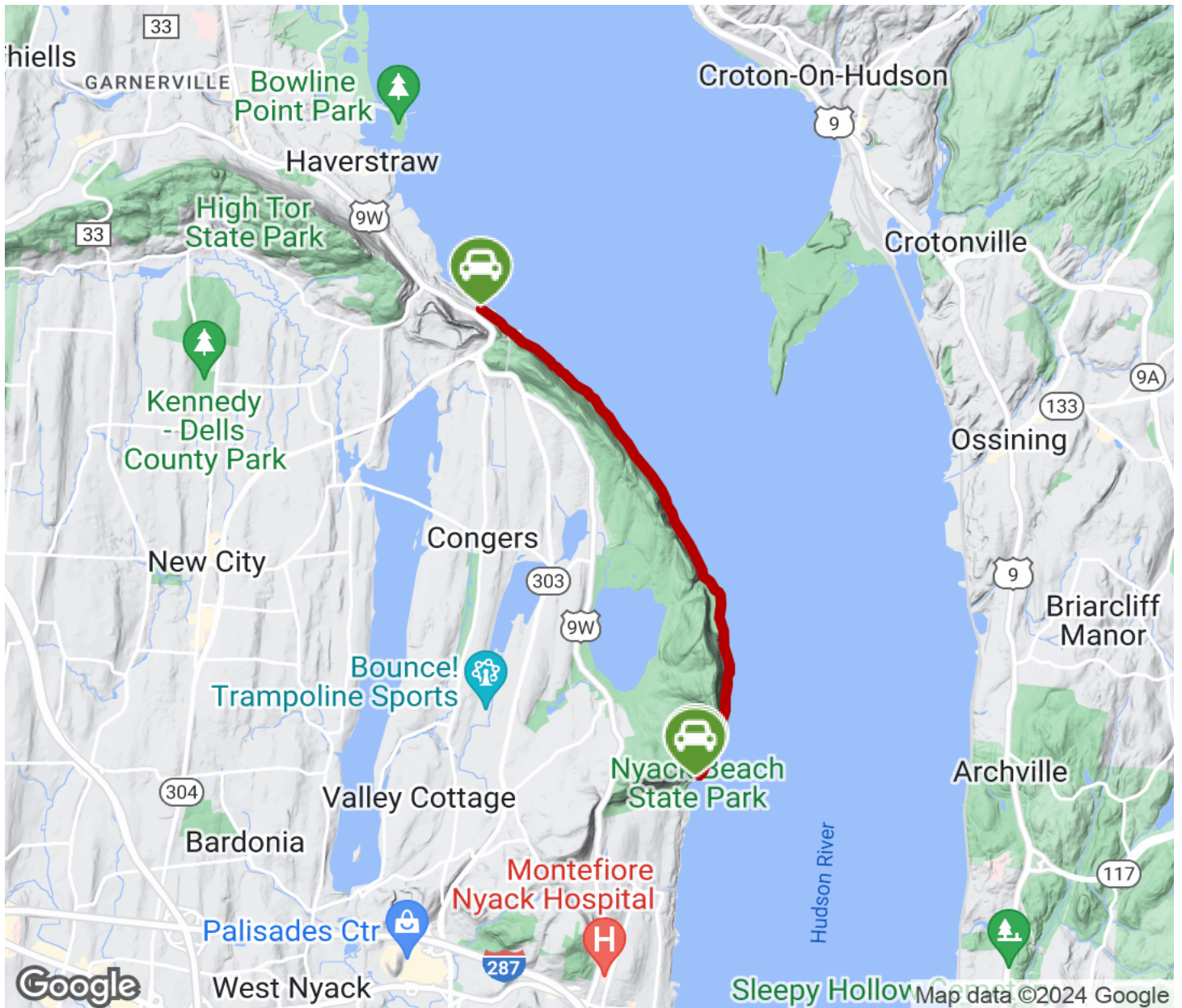
## Parking & Trail Access

A parking lot is available at Nyack Beach State Park. During peak season periods, parking fees are collected. There is no on street parking in the Nyack area. Very limited on street parking is available in Haverstraw at the northern terminus.



# Hook Mountain/Nyack Beach Bikeway

New York



Trailhead



Restroom



Parking



Water Fountain



Tunnel



**TrailLink**  
by Rails-to-Trails Conservancy

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